



A VIRTUAL PSYCHOLOGY CONFERENCE

PA'LANTE

FOSTERING HEALTH
EQUITY AND POLICY

#NLPA2021

2021 • PROGRAM



NLPA PRESIDENTIAL WELCOME

THE 2021 NLPA VIRTUAL CONFERENCE

OCTOBER 15 & 16, 2021
EDUARDO MORALES, PHD

I want to officially welcome you to the 2021 NLPA Virtual Conference. The theme of 2021 NLPA's conference entitled *PA'LANTE: Fostering Health Equity and Policy* is focused on moving forward optimistically the different challenges Latinx populations face, particularly around social justice issues, and initiating policies that address those challenges. This is our opportunity to share important and recent research, information and share in discussions about Latinx populations particularly in the U.S. To launch our conference this year we will have an interactive keynote plenary session on Friday Morning October 15 from 8:00 to 9:30 AM PST entitled *Deconstructing Scenarios of Immigrant and American Born Mexican Americans*. This session will be chaired by myself in a dialogue format with critically acclaimed, award-winning author, activist, visual artist, teacher, HIV/AIDS specialist, and occasional performer Jaime Cortez, MFA. During this first plenary session several scenarios will be shared by Jaime Cortez based on his most recent book *Gordo*. Through the zoom platform attendees can ask questions and participate in this dialogue throughout the session. The second plenary session on Saturday, October 16, our NLPA team of researchers will present their findings of Phase-I of their recent COVID study and its effect on the Latinx population. Funded by the National Urban League, this session will help us understand how COVID is affecting the Latinx population throughout the U.S. who participated in this study. The conference has various symposia, workshops,

discussion groups and poster sessions by those who submitted proposals to our scientific review committee for peer review and inclusion in our conference. This is a wonderful opportunity to get the latest up-to-date information about various topics on an array of issues, interventions, and the effects of various policies. Leadership development, trainings, and sessions focused on providing services to multicultural, multiracial, and multilingual Latinx groups will be presented throughout the conference. The plenary sessions, workshops and symposia will offer continuing education units. A new member orientation is scheduled on Wednesday evening to get acquainted with NLPA and the values of an NLPA membership. There is a student social where student awards will be given on Friday Evening. On Saturday the Noche de Gala will feature awards to various NLPA members for their contributions to the field followed by music and to close out our two-day event. I want to thank the Conference Chair Renato Talhadas, MFT, APCC, MADC for coordinating and executing the planning of this conference with the support of our management office staff at AMC SOURCE as well as the various staff members at AGUILAS in San Francisco who assisted in the visual design, and preparation of materials for this conference. I hope you enjoy this virtual conference necessitated by the COVID pandemic and we at NLPA hope to have an in-person conference next year during the mid-month of October at Denver, Colorado.

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GENERAL SESSIONS AND KEYNOTE ADDRESSES



NOCHE DE GALA: AWARDS & DANCE

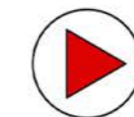


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\$110,964 - \$129,840*/year

Senior Psychologist (Supervisor)
\$127,104 - \$136,056*/year

*Alternate salary ranges may apply for part-time and other positions



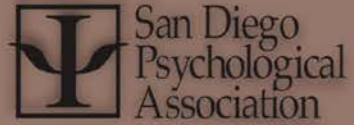
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ABOUT NLPA

2021 NLPA CONFERENCE THEME

The theme of 2021 NLPA's conference is focused on moving forward optimistically and addressing the different challenges Latinx populations face, particularly around social justice issues, and initiating policies that address those challenges

OUR MISSION

is to create a supportive professional community that advances psychological education and training, science, practice, and organizational change to enhance the health, mental health, and well-being of Hispanic/Latinx populations.

OUR OBJECTIVES ARE

- 1.** *Generate, promote, and advance Latinx Psychology in the United States and globally;*
- 2.** *Cultivate relevant and effective psychological science, practice, education, and training in order to build knowledge, foster research, and/or promote culturally competent delivery of services;*
- 3.** *Promote and encourage the efforts of professionals that have demonstrated a sustained commitment and dedication to Latinx Psychology through exceptional research, practice, and/or education and training efforts that have contributed to the discipline/field and/or to the health and well-being of Hispanic/Latinx communities/populations;*
- 4.** *Encourage the educational and professional advancement of Latinx psychologists and students by identifying and reporting on research, education, and training programs that effectively prepare Latinx psychologists and facilitate cooperation among them;*
- 5.** *Cultivate and promote open communication with members and leaders of Latinx communities, organizations, institutions, and society at large for our mutual education and understanding;*
- 6.** *Promote awareness and understanding of issues and concerns that Latinx psychologists, students, and/or mental health professionals might have related to their personal, educational and/or professional experiences;*
- 7.** *Encourage and assist in the advancement of psychological science, knowledge, research, practice, education, service, and training that educates, informs, and influences public knowledge and awareness of Latinx Psychology, as well as public/institutional policy-makers that may be relevant to and/or affects Latinas/os at the national, regional, state, and local levels.*



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KEYNOTE PRESENTATIONS

INTERACTIVE PLENARY OPENING SESSION – SYMPOSIA, DECONSTRUCTING SCENARIOS OF IMMIGRANT AND AMERICAN BORN MEXICAN AMERICANS

OCTOBER 15, 2021 – 8:00 TO 9:30 AM PST

CHAIR: *Eduardo Morales, PhD, Distinguished Professor of Alliant International University, Executive Director of AGUILAS, and President of National Latinx Psychological Association.*

KEYNOTE SPEAKER: *Jaime Cortez, MFA, critically acclaimed, award-winning author, activist, visual artist, HIV/AIDS specialist, teacher and occasional performer.*

This is a type of symposia using an interactive dialogue in the plenary session of the NLPA conference with attendees being able to examine the complexities of various scenarios presented about immigrant and American born Mexican Americans. Each scenario is deconstructed in order to understand the underlying dynamics that contribute to the stressors and issues experienced that is embedded in a cultural context. Through a dialogue format with the presenter and program chair, program participants will develop a deeper understanding of how the intersectionality issues and the culturally based strategies act to enhance reliance factors and how they function for each scenario. The resultant discussions will enhance the knowledge base and help attendees identify the important aspects that contribute to the stressors identified and to better understand how several culturally based strategies can enhance reliance and coping mechanisms as illustrated for each scenario.

Following this presentation, participants will be able to:

- 1) Identify three psychological processes that are expressed in a cultural context;
- 2) Distinguish two dynamics that differentiate immigrant compared to American born Latinx persons;
- 3) Identify three culturally-based strategies that enhance resilience and provide protective factors for Latinx persons.

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Angel, Ronald J. and Angel, Jacqueline L. (2015) *Latinos in an Aging World: Social, psychological, and economic perspectives. Routledge, Taylor & Francis Group, New York, ISBN: 978-1-848772-536-2 (hbk); ISBN: 978-1-84872-537-9 (pbk); ISBN: 978-1-315-81458-2 (ebk)*
Jaime Cortez, M.F.A Cortez attended the University of Pennsylvania where he graduated with a bachelor's degree in Communications and minor in English in 1987. Cortez attended

KEYNOTE PRESENTATIONS

The University of California, Berkeley where he pursued his Master's of Fine Arts (Art Practice), graduating in 2006. Cortez has worked in various mediums of art production and teaching throughout his career as well as worked in HIV/AIDS prevention. He is a critically acclaimed, award-winning author, activist, visual artist, teacher, HIV/AIDS specialist, and occasional performer. Some of his awards and honors include: 2015 Artist in Residence at the California Institute of Integral Studies, 2011 Finalist for the James D. Houston First Book Award, by Heyday Press, 2010 Awarded the Printed Matter Grant for Artist Books, 2006 Ollin Cultural Award, for outstanding community cultural work from Instituto Familiar de la Raza, 2006 J. Ruth Kelsey Merit Travel Award, UC Berkeley Department of Art Practice, 2006 Finalist for the Independent Publishers Award for LGBT book "Turnover", 2005 Eisner award for highest achievement in the humanities, UC Berkeley, 2004 Javitz scholarship for promising graduate students, UC Berkeley, 2004 Nomination for the National Library Association Award for his graphic novel *Sexile*, and 2001 Community Artist Award from *Quelaco* (queer Latino arts organization). Cortez was born in the agricultural town of San Juan Bautista, California to working class parents. At eight years old he moved to Watsonville, California and he currently lives there. Many of Cortez's works are also inspired by the communities he is a part of. His works consistently have themes of gay lifestyle, the narratives of people of color, the HIV/AIDS pandemic and the city of San Francisco, particularly in the S. F. Mission District. In the year 2000 he was a member of *Latin Hustle*, a trio of gay writers/performers which included Adriana Gordon and Al Lujan who produced shows such as "Full Frontal Rudity" and "Hoodwink" a show of comedy skits that represent life in the Gay Latinx community of San Francisco. Additionally, Cortez has short stories, photographs, and essays published in magazines, books and anthologies which include: *Besame Mucho* (1999), *2sexE*, *Best Gay Erotica* 2001, *Familiar Men* (2003), *Tea Party Literary Journal* (2003), *Corpus I, II, IV Gay Men's Health Magazine* (2002), *Turnover* (2005), *Street Art San Francisco* (2009), *Why are Faggots so Afraid of Faggots?* (2012), *Viz Inter-Arts* (2012), *No Straight Lines* (2012), *Kindergarde: Avant Garde Writing for Children* (2013) and many more.

Eduardo Morales, Ph.D. is retired Distinguished Professor and current adjunct professor of the PhD Clinical Program at CSPP-SF of Alliant International University, one of the founders and Executive Director of AGUILAS, an award-

winning HIV prevention program for Latinx gay/bisexual men and oldest Latinx LGBT organization in all of the Americas, and a licensed psychologist in the state of California. Dr. Morales was elected to being Treasurer of the National Latinx Psychological Association (NLPA) for a two-year term (2019-2020). He is currently the NLPA's President through 2021. As NLPA President he was involved in a national social media campaign with Facebook and Instagram along with the other presidents of the ethnic psychological associations. He has received numerous distinguished awards for his contributions that some of which are the 2021 Leadership Award from the National Hispanic Medical Association (NHMA), the 2009 American Psychological Association (APA) Award for Distinguished Contributions to Institutional Practice, the 2009 Latino Business Leadership Award presented by the San Francisco Hispanic Chamber of Commerce, the 2009 Hispanic Heritage Salutes Leaders in the Community by ABC Channel 7 KGO-TV, San Francisco Bay Area; the 2007 Contributions Recognition from the California State University Fullerton and the California Latino Psychological Association, the NLPA 2006 Star Vega Distinguished Service Award, and a Citation in 2005 for Outstanding Service and Visionary Leadership from the what was then called the Society for the Psychological Study of Ethnic Minority Issues (Division 45) of the APA. Dr. Morales was a Fulbright Specialist from 2010 to 2015 and was honored by being made an APA Fellow member as well as being made Fellow of 12 Divisional Associations of APA. Dr. Morales received a grand total of over \$38,405,968 million dollars in various grants received mostly targeted for Latinxs and other ethnic minority groups in the areas of health and prevention. He obtained his B.S. degree at Fordham College in NYC and at age 25 completed his Ph.D. in Counseling Psychology at Texas Tech University where he was a Ford Foundation Fellow and a Summer Fellow at the Educational Testing Service (ETS) at Princeton, N.J. As an active musician throughout his life, he performed with various arts organizations directed choruses, toured the U.S. with the famed SF Gay Men's Chorus in its first concert tour in June of 1981. Dr. Morales received his B.S. degree at Fordham College in NYC and at age 25 he completed his Ph.D. in Counseling Psychology at Texas Tech University where he was a Ford Foundation Fellow and a Summer Fellow at the Educational Testing Service (ETS) at Princeton, N.J. Dr. Morales was born and raised of Puerto Rican parents who migrated to New York City's Hamilton Heights District and currently lives in San Francisco, CA.



KEYNOTE PRESENTATIONS

KEYNOTE PRESENTATIONS

LATINX COMMUNITIES AND COVID-19: WORKING HAND-IN-HAND WITH THE US CONGRESS TO ADDRESS LONG-TERM IMPACTS OF THE PANDEMIC

SATURDAY OCTOBER 16, 2021 – 8:00 TO 9:30 AM PST

Funded by the Ford Foundation, JPB Foundation, W.K. Kellogg Foundation, National Urban League, California Endowment, Weingart Foundation, and the California Wellness Foundation

Latinxs comprise the highest numbers of cases of the coronavirus disease (COVID-19) infection at 1.9 times those of non-Hispanic White (NHW) people. Latinxs are hospitalized at 2.8 times higher rates than those from NHW communities and death rates from COVID-19 for Latinxs are 2.3 times higher (CDC, 2021). As a member of the Alliance of National Psychological Associations for Racial and Ethnic Equity, NLPAA participated in a national, cross-association project launched in 2020-21 to assess the needs of Latinx communities with the express aim of informing U.S. congressional policymakers about the physical, economic, and mental health impacts of the pandemic. Using evidence-based policy advocacy methods, NLPAA collaborated with members of the Congressional Hispanic Caucus from the project's inception to identify goals and funding. Findings were shared with policymakers, along with recommendations for policies to begin setting in place how to mitigate mid- and long-term effects of the pandemic on Latinx communities. Project results and next steps are reviewed, followed by a discussion of processes and strategies for using research findings to influence national policy.

Following this presentation, participants will be able to:

1. Identify key physical, economic, and mental health impacts of the pandemic on Latinx communities based on study findings.
2. Review strategies for evidence-based policy advocacy at the national level.
3. Discuss recommendations for what psychologists can do to mitigate the long-term effects of the pandemic on Latinx communities.

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Cristalís Capielo Rosario, Ph.D., is a tenure-track assistant professor at the Department of Counseling and Counseling and Psychology (CCP) at Arizona State University (ASU). Before joining ASU in 2016, she received her doctorate degree in Counseling Psychology from the University of Georgia. Dr. Capielo Rosario's research and advocacy primarily focuses on understanding and dismantling economic, political, and social determinants of mental and physical health disparities in Latinx populations living in the United States. Her research has been disseminated through 17 peer-reviewed scientific articles in top tier counseling psychology journals, six book chapters, and more than 50 professional invited and peer-reviewed presentations. Dr. Capielo Rosario actively engages in media appearances where she translates psychological knowledge for the public. She often speaks on topics related to mental health Latinx populations. She has appeared in broad reach media outlets including PBS, NBC News, NBC Latino, Telemundo, and The Washington Post among several others. Her scientific and community contributions have also been recognized by various professional and community organization and institutions, including the College of Integrative Sciences and Arts Early Career Outstanding Research Award (2021), the University of Georgia, College of Education Alumni Early Career Researcher Award (2020), and the Society of Counseling Psychology's Section for Ethnic & Racial Diversity Outstanding Contribution to Scholarship on Race / Ethnicity Award (2020).

Fiorella L. Carlos Chavez, Ph.D., is an assistant professor in Community Health at Arizona State University. She completed her postdoctoral fellowship at the University of Missouri - Columbia, in the Department of Human Development and Family Science. In 2018, she received her PhD in Human Sciences from Florida State University. For the past five years, she has successfully secured internal and external grants to fund my program of research. Her research was recognized twice for excellence by the Society for Research in Child Development [SRCD] and the SRCD Latino Caucus who each awarded their 2019 Outstanding Doctoral Dissertation Award. She applies qualitative and mixed-methodologies to understand the implications of culture, family and work-life related stressors on Latino migrant youth' health and development. As a testament of her commitment and dedication to diversity and inclusion in research, teaching, and service, Dr. Chavez has served as a mentor for undergraduate students from diverse and underrepresented backgrounds.

Y. Evie Garcia, Ph.D., is an Associate Professor and Doctoral Training Director of the Counseling/School Psychology PhD Program in the Department of Educational Psychology at Northern Arizona University where she also served as Associate Dean of the Graduate College. Dr. Garcia is President of APA Division 45 and a Past President of the National Latinx Psychological Association (2017). She is co-editor of the Psychology of Race and Ethnicity book series: The Psychology of Inequity 3-volume book set (2021, 2022, 2023), and the 2016 book, Emotions, Technology, and Health. Current research focuses on diversity and health. Dr. Garcia teaches integrated healthcare in rural areas, biological bases of behavior, ethics, multicultural competence, health disparities, and advocacy. Dr. Cadenas's research interests are focused broadly on the psychology of undocumented immigrants, including their sociopolitical activism, educational outcomes, career development, and psychological wellbeing. This line also encompasses the development and validation of cultural competencies and social justice strategies for educators and mental health providers working with immigrant communities. On a second line of research, Dr. Cadenas investigates the utility of critical consciousness as a tool to promote educational equity and career development among communities facing social oppression.

Dr. Alison Cerezo's primary line of research centers on addressing social and health disparities using an intersectionality framework. Her current projects focus on the associations between trauma, social stress, mental health and substance use for historically minoritized communities, particularly LGBTQ+ and women of color. Most recently, her work has focused on the links between stigma, discrimination and alcohol misuse and alcohol risk behaviors in Latinx and Black sexual minority women. She is also interested in reducing barriers to mental health treatment for these communities. Dr. Cerezo uses qualitative, quantitative and mixed methodologies and has carried out research in the U.S. and Mexico.

Dr. Delida Sanchez, is an associate Professor in the Department of Counseling, Higher Education, and Special Education at the University of Maryland College Park. Her scholarship focuses on the effects of racism and health disparities on mental and behavioral health outcomes of diverse Black and Latinx adolescent and emerging adult populations. Central to her work is identifying and incorporating cultural-



KEYNOTE PRESENTATIONS

specific protective constructs into her research design and interventions to advance mental health and behavioral interventions for youth of color. Dr. Sanchez' research has been funded by non-profit and public sectors such as the Hogg Foundation for Mental Health, the Professional Staff Congress, and the National Institutes of Health. She teaches courses in multicultural counseling, practicum, Latinx psychology, and counseling skills and psychotherapy to master's and doctoral students. Dr. Sanchez is a member of APA's Committee on Ethnic Minority Affairs (CEMA), where she collaborates on projects around advocacy and promoting an understanding of the Latinx cultures and psychological well-being of ethnic minority populations. Prior to joining the faculty at UT, Dr. Sanchez was an Associate Professor in Educational Psychology at the University of Texas at Austin. She also worked in private practice with racially and ethnically diverse clients, particularly around the intersectionality of race, gender and sexual orientation. Dr. Sanchez earned her Ph.D. in counseling psychology from Columbia University, Teachers College, and an Ed.M. in Human Development and Psychology from the Harvard Graduate School of Education. Lucas Torres, Ph.D., is a Professor in the Department of Psychology, Marquette University. Dr. Torres received his doctoral degree in Clinical Psychology from Purdue University

and completed a Multicultural Post-doctoral Research Fellowship at the University of Notre Dame. Prior to his post-doctoral position, Dr. Torres received clinical training at the Center for Multicultural Training in Psychology, through the Boston University Medical Center, and the Massachusetts Mental Health Center. Currently, Dr. Torres is a member of the Milwaukee Trauma Outcomes Project (MTO) research collaborative and is co-Director of the Latina/o Well-being Research Initiative (LWRI). His research interests focus on issues of mental health disparities or the psychological difficulties experienced by members of underrepresented groups. With an emphasis on community-based approaches, this research seeks to identify the mechanisms that contribute to mental health problems, namely depression, anxiety, alcohol use, and posttraumatic stress disorder (PTSD). Past research has been supported through a number of sources including the Clinical & Translational Science Institute (CTSI), Medical College of Wisconsin's Advancing a Healthier Wisconsin Research and Education Program (AHW REP); Strategic Innovation Fund, Marquette University; and the National Institute of Mental Health (NIMH).



EVENT SCHEDULE

THURSDAY, OCTOBER 14TH, 5:00 – 6:15 PM PST

Welcome Social for Professional Conference Attendees

Presenters: Melissa M. Ertl, Ph.D. and Stephanie Carrera, Ph.D.

The NLPA Membership Committee welcomes prospective, new, and returning professional members to attend a welcome social. Professional members can include postdoctoral fellows and early, mid, and late career professionals. This event will offer an opportunity to meet and get to know other professional members and conference attendees, gain tips on navigating the conference, discuss membership benefits, and learn about opportunities to become more involved in NLPA.

THURSDAY, OCTOBER 14TH, 5:15 – 6:45 PM PST

Welcome Student Social

Presenters: Charmaine Mora-Ozuna, M.S., Ed.S. and Sandra Bertram Grant Solis, M.Ed.

The Student Committee invites all students to join our kickoff event for NLPA's conference weekend: The Student Welcome! During this time, you will be able to meet and greet the leadership team and the student committee. We will also host a scavenger hunt in which you will have the opportunity to connect with other student members and win prizes to support your self-care! This is a great event to join before a weekend full of trainings and networking. We look forward to seeing you all.

FRIDAY, OCTOBER 15, 2021, 11:30 AM – 12:30 PM PST

Session 152 – Apply to Graduate Programs Panel

Presenter: Loíza DeJesús Sullivan, M.A

Navigating the graduate school admissions process is exhausting. Get some insight from those who have been through it. Let's talk mentors, programs, writing samples, and any other topics you want to address.

FRIDAY, OCTOBER 15, 2021, 12:45 – 1:45 PM PST

Session 153 - Zoomed Out? Grounding Room

Presenter: Gabriela Hurtado, Ph.D.

The past couple of years have been a stressful time that has created unique challenges within our communities. We wanted to create a space, to take a mindful moment, pause, ground ourselves, and remind us to take care of ourselves first. During this time, we will practice mindfulness meditation and some grounding skills to bring our awareness to the present moment. We hope that this practice provides you with a smooth transition to the rest of the conference.

FRIDAY, OCTOBER 15, 2021, 2:45 – 3:45 PM PST

Session 113 - Fellowship Application Process Panel

Presenter: Charmaine Mora-Ozuna, M.S,Ed.S

Join is to hear pervious APA fellowship applicants share their unique experiences as they navigate the fellowship application process and their experience as a fellow so far ! These fellows represent two different fellowships funded under APA (MFP and IMFP), and they will share the benefits of being in their respective fellowship. They will be able to answer questions, provide tips and so much more!

EVENT SCHEDULE

SATURDAY, OCTOBER 16, 2021, 12:45 – 1:45 PM PST

Session 263 - Internship Application Process: Application and Interviewing Panel

Presenters: Mariana Vázquez, and Sandra Bertram Grant Solis, M.Ed

Please join us at our Internship webinar where trainees will learn more about how to become more competitive applicants and be successful during the application process. Our panel will include students from across the country who have gone through the arduous process of interviewing and getting selected for internship sites. Come join us!

SATURDAY, OCTOBER 16, 2021, 2:15 – 3:15 PM PST

Session 255 - Postdoctoral Panel

Presenter: Elizabeth Cárdenas Bautista, M.Ed.

The journey doesn't end after the degree. Come learn about what it means to get a postdoctoral position. Panelists will share their unique experiences of identifying postdoctoral sites, the process of applying, and decision to complete a postdoc in the first place. We look forward to having you join us!

SATURDAY, OCTOBER 16, 2021, 3:15 – 4:45 PM PST

Session 215 - Leadership Academy

Presenter: Polet Milian, M.S.Ed.

Please join us at this year's Leadership Academy featuring amazing psychologists and leaders in our field, as they share their wisdom and speak truth to power! We are excited to present an empowering and motivational panel discussion with dynamic scholars who will share their personal and professional journeys, activism, and leadership in their communities. Join us!

CONFERENCE AT A GLANCE

CONFERENCE AT A GLANCE

THURSDAY, OCTOBER 14, 2021

5:15 - 6:45 PM
Welcome Student Social

5:00 - 6:15 PM
Welcome Social for Professional Conference Attendees

FRIDAY, OCTOBER 15, 2021

8:00 - 9:30 AM	GENERAL SESSION AND KEYNOTE ADDRESS <i>"Deconstructing Scenarios of Immigrant and American Born Mexican Americans"</i> <i>Dr. Eduardo Morales, NLPAs President and Jaime Cortez, MFA</i>						
9:45 AM	WKSP 111 <i>Conducting Your Business Through a Latinx Lens: Considerations for Psychologists in Navigating the Current Context (CE)</i>	RT 121 <i>Assessment in the Latinx Community: Strategies for Selection and Use of Tests in Spanish</i>	SYM 131 <i>Disentangling the Conceptualization and Measurement Of Psychosocial Stressors And Their Relevance in Understanding Health Outcomes in Latinx Communities</i>	POSTER SESSION 141	SYM 151 <i>Ecological Approaches to Clinical Training and Treatment: Lessons Learned from a Substance Use Training Program</i>	RT 161 <i>For Latinx Youth, By Latinx Youth: A Process of Liberation through Community-Participatory Re-Design</i>	POSTER SESSION 171
10:00 AM							
10:15 AM							
10:30 AM							
10:45 AM							
11:00 AM		SYM 122 <i>Culturally Informed Flexible and Family Based Treatment for Adolescents: Theory, Evidence, Practice, and Training</i>		RT 142 <i>Diversity, Inclusion, and Equity Strategic Leadership: Latinx Psychologists as Agents of Institutional Change and Transformation</i>		WKSP 172 <i>Entre Familia: Creating Healing Spaces for Latinx College Students at University Counseling Centers</i>	180 <i>Virtual Exhibit Booth - Universidad Central del Caribe</i>
11:15 AM							
11:30 AM							
11:45 AM			RT 132 <i>Dándole la Vuelta al Mundo: A Roundtable Conversation About Mental Health Services Without Borders</i>	SESSION 152 <i>Apply to Graduate Programs Panel</i>	SYM 162 <i>From Cancer Prevention to Survivorship: Supporting Positive Health Outcomes for Latinx (CE)</i>		
12:00 PM							
12:15 PM							
12:30 PM							

INFORMATION BOOTH

CONFERENCE AT A GLANCE

CONFERENCE AT A GLANCE

FRIDAY, OCTOBER 15, 2021

12:45 PM		SYM 123 <i>Development, Design, and Initial Evaluation of a Culturally Tailored Intervention to Address COVID-19 Disparities Among Latinx Communities Across Oregon (CE)</i>	RT 133 <i>Decolonial Aesthetics: Liberating the Senses from the "Making" of the Eurocentric Therapist</i>	RT 143 <i>Estoy contigo: First-generation Latin-American clinicians addressing social justice issues with first-generation Latin-American clients in psychotherapy</i>	SESSION 153 <i>Zoomed out?! Grounding Room</i>	SYM 163 <i>Impact of Immigration Policies and Practices on Latinx Immigrant Youth: Recommendations for Trauma-Informed Policies and Partnerships (CE)</i>	WKSP 172 <i>Entre Familia: Creating Healing Spaces for Latinx College Students at University Counseling Centers</i>		
1:00 PM	SYM 112 <i>Ánimo: Decolonizing and Healing Latinx Graduate Students in Training (CE)</i>								
1:15 PM									
1:30 PM									
1:45 PM									
2:00 PM									
2:15 PM									
2:30 PM									
2:45 PM	SESSION 113 <i>Fellowship Application Process Panel</i>	RT 124 <i>Cultural and Language Challenges in Assessing Depression in Latinx Adults</i>		WKSP 144 <i>Ending Chancla Culture: Reframing Latinx Family Traditions Towards the Preservation of Culture and Resilience for Bicultural Children & Families (CE)</i>	RT - 154 <i>Exploring Intergenerational Relationships within NLPA With The Council of Past Presidents</i>				
3:00 PM									
3:15 PM									
3:30 PM									
3:45 PM									
4:00 PM	RT 114 <i>Am I Good Enough? Addressing Imposter Syndrome among Latinx Psychologists</i>	POSTER SESSION 125	RT 135 <i>"Del dicho al hecho, hay mucho trecho": Moving Beyond Translations and Incorporating Latino values into Parent Training Programs</i>		SYM 155 <i>Ethnic discrimination and Latinx well-being in the time of COVID and political turmoil: Implications for community- and individual-level factors</i>				
4:15 PM									
4:30 PM									
4:45 PM									
5:00 PM									
5:15 PM									
7:15 PM	115 - BIENVENIDA: WELCOME, NETWORKING RECEPTION & STUDENT AWARD CEREMONY								

180
Virtual Exhibit Booth - Universidad Central del Caribe

INFORMATION BOOTH

CONFERENCE AT A GLANCE

CONFERENCE AT A GLANCE

SATURDAY, OCTOBER 16, 2021

8:00 - 9:30 AM

210 – GENERAL SESSION AND KEYNOTE ADDRESS (CE)

"Latinx Communities and COVID-19: working hand in hand with the US Congress to address long-term impacts of the pandemic".

Address Long-term Impacts of the Pandemic *Cristalis Capielo Rosario, Ph.D., Arizona State University; Fiorella L. Carlos Chavez, Ph.D., Arizona State University; Yolanda Evie Garcia, Ph.D., Northern Arizona University; Germán A. Cadenas, Ph.D., Lehigh University; Alison Cerezo, Ph.D., University of California, Santa Barbara; Delida Sanchez, Ph.D., University of Maryland; and Lucas Torres, Ph.D., Marquette University.*

9:45 AM

RT 211

La adaptación cultural de terapias psicológicas para la población Latina/ Hispana

SYM 221

Our Transformational Journey of Creating a Decolonized Trauma-Informed Clinic for Latinx Families

RT 241

Manteniendo la Narrativa (Keeping the Narrative): A discussion on adapting trauma work to meet Latinx sociocultural experiences

POSTER SESSION 251

SYM 261

The Power of Culture-based Pedagogy: Developing Culturally Responsive Curriculum for Bicultural and Bilingual Therapists-in-Training

10:00 AM

10:15 AM

10:30 AM

10:45 AM

11:00 AM

SYM 212

Mujeres en STEM: Navigating the Chilly Climate and Entre Fronteras

WKSP 231

Poetry as data, data as poetry: Prosas de Resistencia (CE)

RT 242

Mentoring Latinx Psychology Trainees

SYM 252

Strengths and Needs of Unaccompanied Immigrant Minors and their Caregivers: Moving Forward Optimistically to Fill Resource-Need Gaps

WKSP 271

Promoting Health Equity by Co-designing Mobility Justice Efforts (CE)

280

Virtual Exhibit Booth - Alliant University

11:15 AM

11:30 AM

RT 222

Latinx Health Equity and Health Disparities Special Interest Group Meetin

RT 262

Servicios de Salud Mental: Constructing a culture-centered approach for Latinx, rural, high poverty populations

11:45 AM

12:00 PM

SYM 243

Quienes Somos y de Dónde Venimos: A Historical Context for Working with Latinx Individuals Today

12:15 PM

12:30 PM

INFORMATION BOOTH

CONFERENCE AT A GLANCE

CONFERENCE AT A GLANCE

SATURDAY, OCTOBER 16, 2021

12:45 PM	RT 213 <i>La Violencia de Género en Puerto Rico: Una Emergencia Nacional</i>	WKSP 223 <i>Immigration Enforcement, Human Rights, and Social Justice (CE)</i>	RT 232 <i>Liberation through Reflective Practice</i>	SYM 243 <i>Quienes Somos y de Dónde Venimos: A Historical Context for Working with Latinx Individuals Today</i>	RT 253 <i>Perdida con la Familia: Navigating Child Sexual Abuse and Help-Seeking Behaviors in Latinx Families</i>	SESSION 263 <i>Internship Application Process: Application and Interviewing Panel</i>	RT 272 <i>Working with Latinx Clients within a Single Session Framework</i>
1:00 PM							
1:15 PM							
1:30 PM							
1:45 PM							
2:00 PM	RT 214 <i>Latinx Behavioral Health Professionals as Diversity, Equity and Inclusion (DEI) Consultants: Considerations, Practices, and Lessons Learned</i>	WKSP 223 <i>Immigration Enforcement, Human Rights, and Social Justice (CE)</i>	SYM 233 <i>Psychologist in Action: Outreach, advocacy and social justice in graduate clinical psychology programs (CE)</i>	POSTER SESSION 244	RT 254 <i>Raising Awareness of Professional Guidelines for Psychological Evaluations in Immigration Proceedings</i>	POSTER SESSION 264	SESSION 255 <i>Postdoctoral Panel</i>
2:15 PM							
2:30 PM							
2:45 PM							
3:00 PM							
3:15 PM	SESSION 215 <i>Leadership Academy</i>			RT 245 <i>On being a unicorn: The trials and triumphs of being one of few bilingual Latinx clinicians</i>		RT 265 <i>The Integration of Self in Collectivism and Individualism: A Humanistic-Existential Approach</i>	
3:30 PM							
3:45 PM							
4:00 PM							
4:15 PM							
4:30 PM							
4:45 PM							
5:00 PM	216 - NOCHE DE GALA: AWARDS AND DANCE						
5:15 PM							
7:15 PM							

INFORMATION BOOTH



POSTER SESSIONS

FRIDAY, OCTOBER 15

9:45 -10:45 AM | POSTER SESSION 141

***Barriers to Healthcare for the Latinx Community:
Insights from Primary Care Providers and Mental Health Clinicians***

Presenter: Ronnie Blackwell

Authors: Ronnie Blackwell, Tina Durand

Building Skills for Life: Addressing the Treatment Gap in Latinx Adolescents

Presenter and Author: Dayana Jimenez, Psy.D.

Caballerismo in Latinx Men in Higher Education

Presenter and Author: Victor Carrasco, Ph.D.

***Cognitive Reframing Among Mexican H-2A Migrant Youth in U.S. Agriculture:
A Thematic Approach***

Presenters: Antonella Bariani, Ph.D. , Fiorella Carlos Chavez. M.A.

Authors: Antonella Bariani, Fiorella Carlos Chavez, Chase O'Neal, Meghan Early

***Community-Engaged Research Collaboration:
Trafficking Survivors' Reluctance to Report to Law Enforcement***

Presenter: Natalea Leon

Authors: Natalea Leon, Javier Acevedo, Mariana Rodriguez, Lucas Torres, Lisa Edwards

***COVID-19 Economic Stress and Psychological Symptoms
Reported by Latinx Immigrants***

Presenters: Cristalis Capielo Rosario, Tristan Mattwig

Authors: Cristalis Capielo Rosario, Lisa Gutierrez, Tristan Mattwig



POSTER SESSIONS

FRIDAY, OCTOBER 15

9:45 – 10:45 AM | POSTER SESSION 141

COVID-19 Family Stress and Psychological Distress Among LGBTQ+ Latinxs

Presenters: Lisa Gutierrez, Tristan Mattwig

Authors: Cristalis Capielo, Tristan Mattwig, Lisa Gutierrez

COVID-19 Stress, Percieved Social Support, and Depressive Symptoms among Latinx College Students

Presenters: Gabriela Manzo, Ph.D.

Authors: Gabriela Manzo, Maria Sanchez, Daisy Aceves, Brandy Piña-Watson, Iliana Gonzalez, Aundrea Garcia, Jocelyn Meza

Cultural Protective Factors Against Drug Use in Latina College Students

Presenters: Melissa Ertl

Authors: Melissa Ertl, Steven Carter, Kat Duffy, Amy Hong, Carrie Magee, Breyonnah Wade

Development of a Linguistically and Culturally Sensitive Trauma Instrument for Spanish Speakers (E-Trauma)

Presenter and Author: Wendy Cook, M.S.



POSTER SESSIONS

FRIDAY, OCTOBER 15

9:45 – 10:45 AM | POSTER SESSION 171

Expanding the Immigrant Health Paradox: Associations Between Past Health Conditions, Self-Rated Health, and Mental Health

Presenters: Cindy Hernandez Castro, B.S., Geovani Munoz

Authors: Cindy Hernandez Castro, Cristian Matos, Isis Garcia-Rodriguez, Geovani Munoz, Oswaldo Moreno

Exploring Latino Cultural Values, Resilience, and Positive Adaptation for Transgender and Gender Nonconforming Latinx Youth

Presenter: Claire Flemming, M.A.

Authors: Claire Flemming

Exploring recommendations from latinx transgender and non-binary individuals to improve gender affirming care in Puerto Rico

Presenter: Erik Velez-Perez

Authors: Erik Velez-Perez, Alixida Ramos-Pibernus, Eliut Rivera-Segarra, Ana Soto-Sanchez, Joshua Rivera-Custodio

Hablando del Corazón: A Phenomenological Exploration of Immigrant Latina Women's Experiences in Mental Health Groups

Presenters: Samantha Martínez, M.Ed., Yahaira Garcia, M.Ed., M.S., Alyssa Kennedy, M.S., Ellen McWhirter, Ph.D.

Authors: Darien Combs, Samantha Martínez, Yahaira Garcia, Alyssa Kennedy, Ellen McWhirter

Health Needs of Undocumented Latinx Youth and Clinical Implications for Practitioners in Medicine

Presenter: Veronica Grosse, M.S.

Authors: Veronica Grosse, Diana Formoso, Jessica Valenzuela



POSTER SESSIONS

FRIDAY, OCTOBER 15

9:45 – 10:45 AM | POSTER SESSION 171

Heart2Heart Online: Discrimination-Based Stress Reduction for Black, Indigenous, and People of Color

Presenters: Melanie Domenech Rodriguez, Ph.D. , Shari Linares, Benjamin Juarez, M.A.

Authors: Melanie Domenech Rodriguez, Shari Linares, Benjamin Juarez

"I'm already used to it": A focus group study on how Latinx youth experience, process, and cope with cultural stressors

Presenters: Kimberly Henriquez, B.A., Elma Lorenzo-Blanco, Ph.D.

Authors: Kimberly Henriquez, Elma Lorenzo-Blanco

Identifying barriers: the impact of telehealth on Behavioral Health Providers at a FQHC

Presenter: Lesliann Davila, Psy.D.

Authors: Lesliann Davila, Aglaury Nunez

Implementing virtual psychoeducational groups with Latino college students: Challenges and opportunities

Presenters: Elizabeth Terrazas, Ph.D. , Krista Rodriguez, B.A., Adriana Malagon, B.A., Mitzy Gonzalez, M.A., Saliha Garcia, M.A., Janessa Berlanga, B.A., Alessa Castillo, B.A.

Authors: Elizabeth Terrazas, Krista Rodriguez, Adriana Malago, Mitzy Gonzale, Saliha Garcia, Janessa Berlanga, Alessa Castillo



POSTER SESSIONS

FRIDAY, OCTOBER 15

3:45 – 4:45 PM | POSTER SESSION 165

Discrimination and Negative Affect among Older Latinxs: The Role of Constraints on Personal Control

Presenter and Author: Irene Escobar, M.Ed.

Discrimination Experiences and Mental Health Outcomes: The Protective Role of Social Support

Presenters: Gisel Suarez Bonilla, M.A., Nina Clinton M.Ed.

Authors: Gisel Suarez Bonilla, Nina Clinton, Brandy Piña-Watson

Discrimination Risk Factors Between Latinx Traditional Gender Roles & Mental Health Outcomes

Presenters: Gisel Suarez Bonilla, M.A., Daniela Navarro Verdugo, B.A.

Authors: Gisel Suarez Bonilla, Daniela Navarro Verdugo, Brandy Piña-Watson

Disentangling Enculturation Gaps: Mother-Youth Gaps across Latinx Cultural Values and its relation to Mother-Youth Conflict and Depressive Symptoms

Presenter: Gabriela Manzo, Ph.D.

Authors: Gabriela Manzo, Brandy Piña-Watson

Education Attainment Factors Impacting Latinx College Students

Presenters: Aysia Rivera, Psy.D., Teresa Juarez, M.Ed.

Authors: Aysia Rivera, Teresa Juarez, Kristine Jacquin

Ethnic Identity as a Risk Factor for Traumatic Stress

Presenters: Julia Rabin, M.A., Timothy Overstreet, B.S., B.A.

Authors: Julia Rabin, Miguel Nuñez, Sarah Lucass, Timothy Overstreet, Farrah Jacquez



POSTER SESSIONS

FRIDAY, OCTOBER 15

3:45 – 4:45 PM | POSTER SESSION 165

Ethnic Identity Matters: Predictors of Latinx Post-Secondary Plans

Presenters: Yahaira Garcia, M.Ed.,M.S., Samantha Martínez, M.Ed., Ellen McWhirter, Ph.D.

Authors: Yahaira Garcia, Lindsey Romero, Samantha Martínez, Reid Thompson-Cañas, Ellen McWhirter

Examining Attention and Processing Speed Performances in Latinx Traumatic Brain Injury Survivors

Presenter: Bethany Nordberg, B.A.

Authors: Bethany Nordberg, Daniel Lopez-Hernandez, Sarah Saravia, Kristina Smith, Isabel Munoz, M. Ason, Deborah Budding, Joaquin Fuster, Ellen Woo, David Hardy, Enrique Lopez, Matthew Wright

Examining the Relationship between Generation and Acculturation on Latinx CNT Performance

Presenters: Abril Baez, Kristina Smith, B.A.

Authors: Kristina Smith, Bethany Nordberg, Daniel Lopez-Hernandez, Abril Baez, Isabel Munoz, Sarah Saravia, Jasman Sidhu, Matthew Wright, David Hardy, Alberto Fernandez



POSTER SESSIONS

FRIDAY, OCTOBER 15

4:00 – 5:00 PM | POSTER SESSION 125

¡Estamos Aquí Para ti!: Review of the Geriatric Patients' Caregivers Perspectives on Telehealth Services

Presenter: Rosario Rios Cerda

Authors: Rosario Rios Cerda, Marquette University; Nancy Suarez Jimenez wintermexicana@gmail.com Marquette University; Shary Pérez, United Community Center; Lisa Edwards, Marquette University; Lucas Torres, Marquette University

1.5-Generation Hispanics: Examining Discrimination, Region of Origin and Mental Health and Substance Use Outcomes

Presenter: Stephanie Nuñez

Authors: Stephanie Nuñez, The City College of New York, CUNY; Deidre Anglin The City College of New York, CUNY

A Mixed Methods Exploration of Ethnic Identity and Stress During the COVID Pandemic

Presenters and Authors: Mark Barajas, Ph.D., Gabriela Lucania, B.S., Justin Li, Morgan Blume, B.S.

A Narrative Review of Barriers and Facilitators to Parental and Caregiver Mental Health Help-seeking for Latinx Children and Adolescents

Presenter: Arlenis Santana, Ph.D.

Authors: Arlenis Santana, Ph.D., Chelsea Williams

A qualitative approach to understanding factors that impact access to Cognitive Processing Therapy in the Spanish-speaking Latinx Community

Presenter: Samantha Hernandez

Authors: Samantha Hernandez, Fiona Thomas, Niki Gumport, Yesenia Aguilar, Amber Calloway, Rebecca Oziel, Kimberlye Dean, Brooke Wyand, Luana Marques, Torrey Creed



POSTER SESSIONS

FRIDAY, OCTOBER 15

4:00 – 5:00 PM | POSTER SESSION 125

A Virtual Family Based Treatment (FBT)

Program for Treating Eating Disorders Among Latinx Families.

Presenters: Marissa Corona, Ph.D., Dori Steinberg Ph.D.

Authors: Marissa Corona, Dori Steinberg, Lauren Gerber, Cara Bohon

Adverse Childhood Experiences, Resilience, and Emotional Problems in Latinx Immigrant Youth

Presenter: Yesenia Zetino

Authors: Yesenia Zetino, Betsy Galicia, Amanda Venta

Afro-Latinx and Black Lives Matter

Presenters: Sharon Antoine, M.S., Eloiza Alcaraz, PsyD, MS, Spencer Palache, B.S.

Authors: Sharon Antoine, Eloiza Alcaraz, Spencer Palache

An Analysis of Violence Exposure in Community Samples of Colombian and Mexican-American Adolescents

Presenter: Andrea Donis

Authors: Andrea Donis, Kirby Deater-Deckard, Jennifer Lansford, Liliana Uribe Tirado, Ann Skinner, Kenneth Dodge

Anxiety and Depression Symptom Profiles among Latinx and African American Students Before and During the COVID-19 Pandemic

Presenter: Miguel Herrera, M.Ed.

Authors: Miguel Herrera, Catherine Garcia-Goetting, Taylor Ullrich, Milena DeMario, Natalie Perri, Amber Ramos, Antonio Polo



POSTER SESSIONS

SATURDAY, OCTOBER 16

9:45 – 10:45 AM | POSTER SESSION 251

Rape Myths and Machismo: Rural Mexican Parents' Conceptualizations of Sexual Harassment and Rape

Presenter: Ashley Harvey, B.A.

Authors: Ashley Harvey, Omar Valdivias Soto, Andrea Mora, Yesenia Garcia, Lorraine Gutierrez

Narrative Review of Parental Academic Socialization and other Verbal Forms of Academic Involvement Predicting Youth's Academic Outcomes among Latinx Families

Presenter: Maria Cisneros-Elias, M.A.

Authors: Maria Cisneros-Elias, Chelsea Williams, Fantasy Lozada, Terri Sullivan

Neighborhood Problems and Mental Health: Social Connection as a Moderator

Presenter: Jasmine Mena, Ph.D.

Authors: Jasmine Mena, Grevelin Ulerio

Parent-child Separation, Resilience and Peer Attachment in Recently Immigrated Latinx Youth

Presenter: Jessica Hernandez Ortiz, B.S.

Authors: Jessica Hernandez Ortiz, Amanda Venta, Carla Sharp

Parental attitudes toward help-seeking behaviors for mental health in the Hispanic community

Presenter: Beatriz Rodriguez, M.A.

Authors: Beatriz Rodriguez, Ruth Infante, Stacey Raj



POSTER SESSIONS

SATURDAY, OCTOBER 16

9:45 – 10:45 AM | POSTER SESSION 251

***Perceived Workload and Depression on the Stroop Color Word Test:
The Impact of Ethnicity and Brain Injury***

Presenter: Raymundo Cervantes, B.A.

Authors: Raymundo Cervantes, Alexis Bueno, Bethany Nordberg, Sarah Saravia, Jasman Sidhu, Paul Vespa, David Hovda, Joaquin Fuster, Deborah Budding, Ellen Woo, David Hardy, Daniel Lopez-Hernandez, Matthew Wright

***Perceived Workload in Latinx and Caucasians with and
Without TBI on the Dot Counting Test and Rey 15-Item***

Presenters: Winter Olmos, M.A., Amy Bichlmeier, B.S., Tara Victor, Ph.D., Raelynn Muñoz, B.A.

Authors: Raelynn Muñoz, Amy Bichlmeier, Sarah Saravia, Abril Baez, Kristina Smith, Winter Olmos, Bethany Nordberg, Isabel Muñoz, Paul Vespa, Joaquin Fuster, Ellen Woo, Tara Victor, David Hardy, Kyle Boone, Daniel Lopez-Hernandez, Matthew Wright

***Perceived Workload on the Wechsler Test of Adult Reading
Test in Latinx and Caucasians with Traumatic Brain Injury***

Presenter: Bethany Nordberg, B.A.

Authors: Bethany Nordberg, Daniel Lopez-Hernandez, Isabel Muñoz, Kristina Smith, Nick Graub, Enrique Lopez, David Hovda, David McArthur, Ellen Woo, David Hardy, Matthew Wright

Neighborhood Problems and Mental Health: Social Connection as a Moderator

Presenter: Grevelin Ulerio, B.A.

Authors: Jasmine Mena, Grevelin Ulerio

Persisting and Existing: Latinas in STEM

Presenters: Polet Milian, M.Ed, Linda Castillo, Ph.D., Aileen Terrazas, M.A.

Authors: Polet Milian, Linda Castillo



POSTER SESSIONS

SATURDAY, OCTOBER 16

2:00 – 3:00 PM | POSTER SESSION 224

***Psychocultural Perspective: How Adults in Rural Mexico Conceptualize
Mental Health***

Presenter and Author: Ashley C. Harvey, B.A. Ashley C. Harvey

Intersectionality in the Latinx and Intersex Community

Presenter: Eloiza Alcaraz, M.A.

Authors: Spencer Palache, Eloiza Alcaraz, Sharon Antoine

***Latina and Chicana Student Survivors of Intimate Partner Violence:
Understanding their Well-being***

Presenter: Nancy Herrera, Ph.D.

Authors: Samantha Torres, Elizabeth Stuart, Brian Gutierrez

***Latinx Adults and Microaggression Experiences in the Workplace:
A Qualitative Analysis***

Presenter: Roselee Ledesma

Authors: Roselee Ledesma, Katie Argueta, Abigail Vance, Ana Bridges

***Latinx caregivers' perceived need for and utilization of youth telepsychology
services during the Coronavirus pandemic.***

Presenters: Alejandro Vazquez, M.S., Melanie Domenech Rodríguez, Ph.D.

Authors: Alejandro Vazquez, Cynthia Navarro Flores, María de la Caridad Alvarez, Melanie Domenech Rodríguez



POSTER SESSIONS

SATURDAY, OCTOBER 16 2:00 – 3:00 PM | POSTER SESSION 224

Latinx Immigrant Mental Health: DSM-V Cross Cutting Symptom Variance among Undocumented & Documented Latinx Immigrants
Presenters: Araceli Aguirre, Psy.D.
Authors: Araceli Aguirre, Rachel Casas, Jose Corena, Melissa Donovanick

Latinx Mentorship in Doctoral Programs
Presenter: Gayla Olvera, Cassandra Page, Psy.D.
Authors: Johanna Riojas, Cassandra Page, Carissa Dwiwardani, Gayla Olvera

Latinx Trans Necroresistance in Healthcare Settings
Presenters: Joshua Rivera-Custodio, B.A.
Authors: Joshua Rivera-Custodio, Elvin Alvarado-Cardona, Eliut Rivera-Segarra, Alixida Ramos-Pibernus

Maternal familism and toddler behavioral functioning in young Puerto Rican families
Presenters: Sara Paredes Raquel, M.Ed., Jordan Weith, M.A., Josefina Grau, Ph.D.
Authors: Sara Paredes Raquel, Jordan Weith, Josefina Grau

**Psychocultural Perspective:
How Adults in Rural Mexico Conceptualize Mental Health.**
Presenters: Lizette Ruiz, B.A., Yuliana Fernandez, B.A., Marisol Brito, B.A., Omar Valdivias Soto
Authors: Lizette Ruiz, Yuliana Fernandez, Marisol Brito



POSTER SESSIONS

SATURDAY, OCTOBER 16 2:00 – 3:00 PM | POSTER SESSION 264

Perspectives on the Change to Telehealth for Latino Servicing Health Providers at a Geriatric Clinic
Presenter and Author: Nancy Suarez Jimenez, B.A.

**Places of Safety:
Therapeutic places for Latina survivors of intimate partner violence**
Presenters: Mitzy Gonzalez, M.A., Adriana Malagon, B.A.
Authors: Elizabeth Terrazas, Ediza Garcia, Mitzy Gonzalez, Adriana Malagon

Predictors of Well-Being among Latinx College Students
Presenter and Author: Geovani Muñoz

Proyecto VOCES: The Challenges and Resources of Undocumented Latinxs through a Critical Race Theory Framework
Presenters: Jose Manuel Gonzalez Vera, B.A., Melanie Domenech Rodríguez, Ph.D.
Authors: Jose Manuel Gonzalez Vera, Melanie Domenech Rodríguez, Luz Garcini

**Psychocultural Perspective:
How Adults in Rural Mexico Conceptualize Mental Health.**
Presenters: Yesenia Garcia, M.S.W., Andrea Mora, M.S.W.
Authors: Omar Valdivias Soto, Ashley Harvey, Yesenia Garcia, Andrea Mora, Lorraine Gutierrez

Psychologists and Traditional Health Workers Collaborating to Increase Equity in Mental Health Care
Presenters and Authors: Alex Keene, M.A., Savannah Leyda, M.A., Ruth Zuñiga Ph.D.



POSTER SESSIONS

SATURDAY, OCTOBER 16
2:00 – 3:00 PM | POSTER SESSION 264

Rape Myths and Machismo: Rural Mexican Parents' Conceptualizations of Sexual Harassment and Rape

Presenter: Andrea Mora, Yesenia Garcia, M.S.W.

Authors: Ashley Harvey, Omar Valdivias Soto, Andrea Mora, Yesenia Garcia, Lorraine Gutierrez

Reactions and Coping among GBQ+ Men: Pulse Nightclub Shooting

Presenter and Author: Jose Rosario, B.A.

Relationship Between Ethnic Identity and the Academic Success of Latinx Students in Higher Education Institutions

Presenters and Authors: Benjamin Juarez, M.A., Celine Foreman, Emily Tortora, Tomas Martinez. Ph.D.

Sexist events and Depression among Latina University Students: The moderating role benevolent sexism

Presenter: Lucas Torres

Authors: Maxine Ziegler and Lucas Torres



ROUND TABLES

ROUND TABLES

FRIDAY, OCTOBER 15

9:45 AM – 10:45 AM

FRIDAY, OCTOBER 15

9:45 AM – 10:45 AM

RT 121

Assessment in the Latinx Community: Strategies for Selection and Use of Tests in Spanish

Presenters

Jennifer Schlueter, M.A., Analay Perez, M.A., Guadalupe Gutierrez, M.A., Janet Carlson, Ph.D.

Authors

Jennifer Schlueter, Dr. Janet Carlson, Analay Perez, Guadalupe Gutierrez

As the number of individuals in the United States who speak Spanish as their first language grows, it becomes increasingly important for psychologists to be able to serve this group and for new resources to be developed that support psychologists' efforts. Over the past 10 years, the Buros Center for Testing has developed resources inclusive of Spanish tests. The goal of this roundtable is to tap into the experiences and knowledge of professionals who use tests with Latinx clients in order to better understand their test identification and selection processes. Participants' input will improve our ability to address practitioners' testing and assessment needs and facilitate research collaboration. Potential discussion questions include:

- *How often do participants use formal assessments in their work with clients?*
- *What types of tests do participants use?*
- *How do participants determine when to test in Spanish?*
- *How do participants identify and select tests in Spanish? What resources do they consult?*
- *How confident do participants feel in their selection of Spanish language tests?*
- *What are the most critical features of a Spanish test that influence its selection?*
- *What compromises in test selection are sometimes needed? How do these compromises impact your relationship with clients?*
- *What obstacles do participants encounter in the test selection process?*
- *If Spanish test materials are unavailable, are participants asked or expected to translate English materials? What concerns/challenges does this raise?*
- *What concerns do translated/adapted tests address? What concerns do translated/adapted tests present?*

Discussion facilitators will share some of what we have learned in developing Pruebas Publicadas en Español, a dual-language reference volume that provides directory-style listings of more than 600 tests available either partly or wholly in Spanish. Participants' input will help us improve this and other Buros Center resources and generate new directions for our work in this vital area.



RT 161

For Latinx Youth, By Latinx Youth: A Process of Liberation through Community-Participatory Re-Design

Presenters

Stephanie Torres, M.S.W., Elizabeth (Buffy) Trent Wolf, Psy.D.

Authors

Elizabeth (Buffy) Trent Wolf, Stephanie Torres

With the COVID-19 pandemic came a forced shift to virtual service delivery for many organizations. In our experience at a non-profit Latinx mental health agency, this shift had varying impact on programs, lending itself on the one hand to more accessibility for clients living in remote parts of our state, while simultaneously creating additional barriers for folks without access to Wi-Fi and devices. While some of these barriers were more easily addressed than others, we have also experienced varying levels of adaptability of our programs themselves.

L-Grupo (Latinx Group) is a bilingual and bicultural program for adolescent Latinx youth (ages 14-17 years), focusing on ethnic identity development. As with all La Cocina programming, L-Grupo was developed in direct response to our community's request and was co-designed in partnership with Latinx youth themselves. Although L-Grupo groups are typically facilitated in person, in response to COVID-19, L-Grupo shifted to virtual delivery in the Spring of 2020. Over the past year, we have completed 3 cycles of this group via telehealth and have encountered various challenges associated with participation, accessibility, and the development of group rapport. Although feedback from group participants has remained generally positive, increased attrition, inconsistent attendance, and limited participation during groups has led us to question the effectiveness of these groups in their current form. This experience prompted a return to our community to engage in additional listening, learning, and community-participatory re-design of this program.

The facilitators of this roundtable will share our experiences engaging in this learning journey with Latinx youth in our community. We will outline our approach to equitable program evaluation and co-design, informed by Liberation Psychology and ethnographic interviewing methods. Facilitators will reflect with participants on the ways in which colonized ways of thinking may subconsciously influence programmatic decisions, and we will discuss ways of recognizing and dismantling these processes.



ROUND TABLES

FRIDAY, OCTOBER 15
11:00 AM – 12:00 PM

RT 142

Diversity, Inclusion, and Equity Strategic Leadership: Latinx Psychologists as Agents of Institutional Change and Transformation

Presenters

Eleanor Gil-Kashiwabara, Psy.D., Milton Fuentes, Psy.D., Vincenzo Terán, Psy.D.

Authors

Eleanor Gil-Kashiwabara, Milton Fuentes, Vincenzo Terán

Diversity, equity, and inclusion (DEI) has become a booming industry in the wake of the social and political unrest that has unfolded over the past decades. Institutions across sectors from corporate to healthcare to education have hired DEI practitioners at unprecedented rates. It has been estimated that companies allocate an average of \$1.5 million to diversity departments, and a total of \$8 billion is spent on DEI training per year. Yet, outcomes on efforts aimed at increasing diversity and inclusion have consistently demonstrated minimal impact at best, counterproductive results at worst (Dobbin & Kaleve, 2016). To create a sustainable platform for DEI progress, a thoughtful, coordinated, and systemic approach is necessary, in addition to a genuine commitment from senior leadership to support, advocate, and promote DEI. While psychologists are increasingly stepping into DEI roles, few formal opportunities exist in their training for cultivating DEI strategic leadership. In this roundtable, the presenters will lead a discussion on DEI strategic leadership practices in higher education with a focus on four major dimensions: access and equity; learning and diversity; diversity research and scholarship; and multicultural and inclusive campus climate. Effective practices and challenges as experienced by Latinx psychologists engaging in DEI efforts will be elicited and discussed.



ROUND TABLES

FRIDAY, OCTOBER 15
11:30 AM – 12:30 PM

RT 132

Dándole la Vuelta al Mundo: A Roundtable Conversation About Mental Health Services Without Borders

Presenters

Bryan Rojas-Araúz, Ph.D.

Authors

Bryan Rojas-Arauz, Darien Combs

Immigrants are the fastest growing population in the United States, with more than half of the 44 million foreign-born residents and 11 million undocumented immigrants being from Latin America (Manuel Krogstad et al., 2019; Radford & Noe-Bustamante, 2019). Since 1975, the United States has resettled over 3 million refugees from around the world (UNHCR, 2021) and currently, the United States anticipates over 300,000 new refugee and asylum claimants in the 2021 Fiscal Year (U.S. Department of State, 2021). The first author is a bilingual counseling psychologist who is serving as a postdoctoral fellow providing clinical services with immigrant and refugee clients at a community mental health center. The second author works as a bilingual bicultural counseling psychologist who specializes in trauma working with survivors of crime at a non-profit organization and is working to increase access to Spanish-speaking families. We would like to have an open conversation about best practices and lessons learned for providing clinical services with immigrant and refugee clients, both with Spanish-speaking clients and clients who speak other languages. As providers in the field, we will discuss the challenges of creating new programs and providing services, identify best practices, and highlight ethical considerations. We will also explore ways to maximize community involvement to increase access and to provide culturally responsive services. For example, the second author is working with a city council person who identifies as Latinx to identify barriers to and resources for mental health in the community. The first author works with health navigators who provide language and cultural interpretation to serve clients from various countries and cultural backgrounds. We hope to increase critical consciousness in our clinical practices and research by collaborating with one another about how to best serve immigrants, refugees, and non-English speaking communities.



ROUND TABLES

FRIDAY, OCTOBER 15
12:45 PM – 1:45 PM

RT 133

Decolonial Aesthetics: Liberating the Senses from the "Making" of the Eurocentric Therapist

Presenters

Marcela Polanco, Ph.D., Yasmine Willis Fernandez, Megan Brown, M.A., Nickole Livas, M.A.

Authors

Marcela Polanco, Yasmine Willis, Megan Brown, Nickole Livas

"Empirical research," "cultural competency" advanced by neoliberal institutions of health and education, and Eurocentric therapy theories, assessments, treatment plans, and interventions control knowledge and experience, therefore the order of aesthetics in the making of the "eurocentric therapist" or "professional." Guided by the rhetoric of "diversity and inclusion," the recruitment and hiring of therapists of color has gained importance to change the demographical landscape of services but the aesthetics of knowledge remain the same. In this roundtable we invite a conversation on how our knowledge, senses, and experience are not erased by eurocentrism but restituted. As responders but also sufferers from the colonial wound in different ways, we introduce decolonial aesthetics as a possibility to liberate the senses from Eurocentric configurations of knowledge, hence training. We will begin by sharing our stories in our own terms, as members of a family therapy training program.



ROUND TABLES

FRIDAY, OCTOBER 15
12:45 PM – 1:45 PM

RT 143

Estoy contigo: First-generation Latin-American clinicians addressing social justice issues with first-generation Latin-American clients in psychotherapy

Presenters

Aeriell Armas, B.A., Leila Wallach, M.A., Deborah Sanchez, M.S., Martha Hernández, Ph.D.

Authors

Aeriell Armas, Deborah Sanchez, Martha Hernandez, Leila Wallach

*First-generation Latin-Americans (i.e., U.S.-born individuals whose parents emigrated from Latin America) face unique challenges in the U.S. due to their bicultural (and sometimes bilingual) identities. This experience has been named *ni de aqui, ni de alla* which translates to neither from here (meaning the U.S.) nor from there (meaning Latin America; Cardona et al., 2004). First-generation Latin-American clinicians work to balance traditional clinical knowledge and training with their bicultural identities and lived experiences, including language, cultural norms, and idioms of distress (Aguirre et al., 2005). First-generation clinicians and clients are often breaking cultural/generational cycles and eschewing cultural stigma against mental health and mental illness, underscoring the need for culturally sensitive psychotherapy interventions (Valdez, 2000) and targeted culturally responsive supervision for trainees (Desai, 2018; Falender, et al., 2013). These shared identities provide first-generation Latinx clinicians and clients a unique intersection for connection in the therapeutic relationship, and brings with it novel challenges. The impact of colonialism, racism, colorism, and systematic oppression may be underlying presenting problems of first-generation clients and are shared experiences of first-generation clinicians. The first-generation therapist-client dynamic presents both challenges and an opportunity for safe exploration of the psychological impacts of racial trauma, acculturation, and biculturalism through an intersectional and culturally responsive lens. Our discussion will explore the experiences of first-generation Latin-American doctoral clinicians in-training working with first-generation Latin-American clients in psychotherapy at a community-based, university-run clinic where Spanish-language supervision is provided by Latinx psychologists. We focus on the unique aspects of these shared identities in the therapy space, a first-generation Latinx supervisor's perspective on individual and institutional challenges and successes when providing education and training to Latinx students, as well as clinician experiences addressing social justice issues in the context of the 2020 COVID-19 pandemic, sociopolitical and racial unrest, and historical oppression experienced by the Latinx community.*



ROUND TABLES

FRIDAY, OCTOBER 15
2:00 PM – 3:00 PM

RT 154

Exploring Intergenerational Relationships within NLPA With The Council of Past Presidents

Presenters

Brian McNeill, Ph.D., Patricia Arredondo, Ed.D.

Authors

Elizabeth Cardenas Bautista, Brian McNeill, Patricia Arredondo

Since the growth of our association, we have witnessed the plethora of talent that exist in our membership, from the work they contribute in the psychological fields to the impact on the community at large. All of our members, from students to senior members have a wealth of knowledge and strengths that contribute to NLPA's impact and as such, it is important to acknowledge, celebrate and support the experiences in each stage in our membership. In this roundtable presentation we will discuss intergenerational relationships within NLPA's, and the impact on an individual and systemic level. We will discuss the importance as an association to be willing to engage in conversations and actions that explore the dynamics of intergenerational relationships, application of feedback, restructuring, and support to ensure the progress of NLPA as an association and community to us all.

Our panelist across membership, Student, Junior, Early Career, Mid-Career and Senior member from the Council of Past Presidents will chair the Roundtable discussion. This session invites individuals across the generations in NLPA to share perspectives on the uniqueness experienced at their particular stage, i.e., early career, mid-career, and so forth.

The goals are to examine the impact of interacting in intergenerational relationships and explore the following themes: wealth of differences, fostering relationships, leadership & support, transformation & healing. It is our hope that this Roundtable will not only encourage dialogue but will foster current and future intergenerational relationships that are equitable and inclusionary. It is clear that as an association we must be attentive to our members' needs and unique experiences of each stage of their professional career. This benefits individuals and the association as a whole.



ROUND TABLES

FRIDAY, OCTOBER 15
2:30 PM – 3:30 PM

RT 124

Cultural and Language Challenges in Assessing Depression in Latinx Adults

Presenters

Gregory Benson-Flórez, Ph.D., Azara Santiago, Ph.D.

Authors

Azara Santiago-Rivera, Gregory Benson-Florez, Ashley Rodriguez

Mental health service providers often struggle with identifying valid instruments to assess depression in Latinx adults, especially those whose primary language is Spanish. An important reason is that it is difficult to know if such instruments are comparable cross-culturally because of differences in the meaning of depression and expression of symptoms. Moreover, variations in Spanish language dialects are an added complication, making it difficult to know if a translated and adapted version of an instrument is linguistically equivalent to the original English version. (Dana, 2015; Kim et al., 2003). The diversity within the Latino population and the possibility of cultural and language differences in the meaning and expression of symptoms of depression affect the ability to establish measurement equivalence. The roundtable will focus on the challenges associated with, and recommendations for, establishing measurement equivalence of self-report instruments that are translated and adapted from English to Spanish. We will discuss ways to address these issues and provide some suggestions for future investigations.

Dana, R. (2015). A personality approach to testing Hispanics. In K.F. Geisinger (Ed.), Psychological testing of Hispanics: Clinical, cultural, and intellectual issues (2nd ed., pp. 189-213). American Psychological Association.

Kim, M., Han, H., & Phillips, L. (2003). Metric equivalence assessment in cross-cultural research: Using an example of the Center for Epidemiological Studies Depression Scale. Journal of Nursing Measurement, 11, 5-18



ROUND TABLES

FRIDAY, OCTOBER 15
2:30 PM – 3:30 PM

RT 164

Health Inequities of US Puerto Ricans

Presenters

Lisa Sanchez-Johnsen, Ph.D., Lisa Aponte-Soto, Ph.D., MHA, Aida Giachello, Ph.D.

Authors

Lisa Sanchez-Johnsen, Aida Giachello, Eddy Borrayo, Lisa Aponte-Soto

Puerto Ricans are the second-largest Hispanic/ Latinx group in the U.S. representing 5.7 million (10%) of the Latinx population (Noel-Bustamante, Flores & Shah, 2017). The population of Puerto Ricans in the U.S. exceeds the 3.7 million living on the island of Puerto Rico. Since the colonization of Puerto Rico, Puerto Ricans have had over a century of U.S. citizenship during which the diaspora has made significant contributions to the American cultural landscape. Despite the impressive contributions of Puerto Ricans in the U.S. arts, culture, and sciences, and in fields of health and mental/ behavioral health, Puerto Ricans experience disproportionate social, economic disadvantages reflected in low levels of education and income, high poverty, social and systemic racism, and discrimination.

Except for the Hispanic/Latino Community Health Study/Study of Latinos (HCHS/SOL) – the largest study of 16,000 Latinos of diverse backgrounds/ethnicity in selected cities in the U.S. funded by NIH (Sorlie, Aviles-Santa, Wassertheil-Smoller, et al, 2010) - there is still scarce data and research on the Puerto Rican population. The limited data available indicate that Puerto Ricans experience higher obesity and diabetes (Daviglius, Pirzada, Durazo-Arvizu, et al, 2016; ADA, 2020; Aviles-Santa, Perez, Schneiderman, et al, 2017), at higher CVD risk factors [Daviglius, et al, 2016]], respiratory problems such as asthma (Loftus & Weis, 2015), higher depression and serious psychological distress (Porter, Rogler, Moscicki, 1995), ataques de nervios (Guamaccia, Lewis-Fernandez & Martinez, et al, 2010), and PTSD due to historically trauma, stress, and structural violence compared to some of the other Latinxs groups. Puerto Ricans also experience more severe symptoms associated with Dementia/ Alzheimer's Disease (AD) than any other ethnic group and a significantly lower age of AD onset (Carrion-Barralt, Suarez-Perez, del Rio, et al, 2010; Vega, Cabrera & Wagant, et al, 2017). Additionally, Puerto Ricans tend to have higher rates of cancer (Rosofsky & Aponte, 2012; Giachello et al, 2019), alcohol (Castaneda, Garcia, Lopez-Gurrola, et al, 2019), and substance abuse, including opioids (Borrayo, 2021). Furthermore, Puerto Ricans and Latinx of different backgrounds, experience linguistic, sociocultural, financial, and systemic barriers in obtaining adequate and timely medical and mental health care and support services (Shiro & Reeves, 2020). The underrepresentation of Puerto Ricans in the health professions workforce who can attend to the needs of the Puerto Rican community from a culturally and linguistically responsive lens further compounds these inequities. Puerto Ricans and other Latinx subgroups also experience a host of barriers and challenges to accessing higher education. Therefore, this roundtable discussion aims to increase awareness about the health, mental health, and social well-being of Puerto Ricans, to discuss critical health/behavioral health issues and the social, economic, and political determinants of Puerto Rican health, and the impact of systemic/ institutional racism and educational and workforce infrastructure on the health outcomes of Puerto Ricans throughout the diaspora.



ROUND TABLES

FRIDAY, OCTOBER 15
3:30 PM – 4:30 PM

RT 174

Improving Latinx immigrant mental health: A community-academic partnership in action

Presenters

Jenifer Garcia Mendoza, Michelle Silva, Psy.D., Manuel Paris, Psy.D., Germán Cadenas, Ph.D., Melanie Domenech Rodríguez, Ph.D., Alfonso Mercado, Ph.D.

Authors

Melanie Domenech Rodríguez, Manuel Paris, Amanda Venta, German Cadenas, Alfonso Mercado, Luz Garcini, Jenifer Garcia Mendoza, Carmen Caneda, Walter Barrientos, Michelle Silva

Background: Community-academic partnerships can be critical in responding to historically unmet needs in Latinx communities, especially during moments of great social and policy change, which serve to not only advance socially just scholarship, but shape a generation's psychology. The immigrant and undocumented communities have endured the impacts of overlapping stressors and historical crises through the last four years, including the anti-immigrant attacks during the Trump presidency, a landmark case on the DACA program decided by the Supreme Court in 2020, and disproportionate impact of the COVID-19 pandemic.

Description of Partnership + Panel: Characterized by mutual respect, intentionality, and commitment towards the shared goal of immigrant health equity, a group of scholars from the NLPAA Undocumented Special Interest Group began a collaboration with United We Dream (UWD), the largest immigrant youth-led network in the U.S., in 2017. At the time, we created community education materials to support mental health and wellbeing, including a mindfulness recording and informational sheets. That collaboration grew in depth and scope at the start of the pandemic. Since then, United We Dream and the group of scholars, now known as the Latinx Immigrant Health Alliance (LIHA), have engaged in multiple and impactful collaborations to "advance research, policy, and effective interventions to improve immigrant mental health and inform effective policy" (LIHA website).

To advance research, we have co-authored and submitted 12 manuscripts spanning editorial (Garcini et al., 2020), data-driven (Venta et al., 2021), and case study formats (Garcini et al., 2021; Mercado et al., 2021) as well as training effectiveness (Cadenas et al., 2021; Morales et al., under review). Of those, 6 are accepted or published and 6 are under review. To advance policy, we undertook a major data collection effort to understand the impact of the pandemic on the undocumented community (LIHA, 2021a, 2021b) and participated in briefings with the U.S. Congressional Hispanic Caucus. To advance effective interventions, we have carried out multiple webinars, including an APA training series that reached over 1,300 psychologists (Cadenas et al., 2021), 3 Extension for Community Healthcare Outcomes (ECHO) tele-mentoring sessions (Morales et al., under review), community-facing webinars (e.g., Domenech Rodríguez & Linares, 2020), and multiple live sessions via Facebook and/or Instagram. The ECHO sessions resulted in the development of resource sheets on Healing Circles, Nurturing Families, and Emotional Regulation, all of which are available on Open Science Framework. In addition, the LIHA website (latinximmigranthealthalliance.org) hosts a number of helpful resources for providers. LIHA and UWD collaborated on the development of a Mental Health Directory of providers and, more recently, has gathered a group of professionals to provide "Rapid Response Crisis Support" for community-level action by psychologists/mental health professionals.



ROUND TABLES

FRIDAY, OCTOBER 15

3:45 PM – 4:45 PM

RT 135

***“Del dicho al hecho, hay mucho trecho”:* Moving Beyond Translations and Incorporating Latino values into Parent Training Programs**

Presenters

Antonella Onofrietti Magrassi, B.S., Geovanna Rodriguez, Ph.D.

Authors

Antonella Onofrietti Magrassi, Geovanna Rodriguez

One in every five children experience some type of mental health problem prior to the age of 13 (CDC, 2021; Merikangas, 2010). It has been well documented that Latino youth are at higher risk for mental health problems, including depression and anxiety. Currently, 25% of Latino children are affected by symptoms of anxiety and 14% by depressive symptoms (Calzada et al., 2017). Moreover, Latino youth are at higher risk for chronic stress, discrimination, and bullying victimization (UT Health, 2017). Despite this, only 8% of Latino children access and utilize mental health care compared to their White peers (14%). Disparities in mental health care practices often present challenges to families seeking support for child behavior and emotional difficulties (APA, 2017).

It has been well documented that mental health problems put children at risk for several negative outcomes including academic underperformance, risk taking behaviors, substance abuse, and encounters with the juvenile system (Child Mind Institute, 2015). Furthermore, the early onset of child emotional and behavioral problems has been shown to negatively impact parents' mental health by increasing their level of stress, which in turn affects their parenting behaviors (Neece et al. 2016). Several research studies have shown strong links between high levels of parenting stress and depression, which can negatively impact the parent-child relationship and interactions, particularly between mothers and children (Palermo et al., 2019). This might be explained in part because parent stress and depression are known to interfere with a parent's ability to respond warmly and sensitively to their child's needs (Harris & Santos, 2020; Huang et al., 2014). Negative parenting interactions resulting from child behavior problems may also impact family functioning and child adjustment (Stormshak & Dishion, 2002).

While research has supported the efficacy of parent training programs on child social-emotional and behavior outcomes (Scott et al., 2010; Reid et al., 2003; Webster-Stratton, 2001), many parent training programs do not fully integrate the values and beliefs of culturally diverse families. Most evidence-based parent training programs have been developed and validated for predominantly White populations with an emphasis on mainstream westernized values (Mourik et al., 2017). Cultural adaptations of these programs for Latino families have been limited to translations of content and intervention materials in Spanish. While these efforts are an important first step to culturally adapting interventions, recognizing, and integrating cultural values and beliefs is still necessary to address the needs of Latino families.

Given the exponential growth of the Latino population in the U.S. (U.S. Census Bureau, 2019) and the high level of risk for internalizing disorders in the Latino youth (APA, 2017) it has become crucial to understand the influence of Latino cultural values on treatment outcomes for children and their families. Facilitators will discuss clinical implications through case examples on how to best integrate these values and beliefs in parent training interventions and programs. This discussion will help those seeking to shift from a deficit perspective to a culturally sensitive and strength-based approach with the goal of empowering Latino families and improving mental health outcomes.



ROUND TABLES

FRIDAY, OCTOBER 15

4:00 PM – 5:00 PM

RT 114

Am I Good Enough? Addressing Imposter Syndrome among Latinx Psychologists

Presenters

Frances Vidot, Ph.D., Reyna Rodriguez, Ph.D.

Authors

Frances Vidot-Hidalgo, Natalie Cruz, Reyna Rodriguez

The imposter syndrome (IS) refers to “high-achieving individuals who, despite their objective successes, fail to internalize their accomplishments and have persistent self-doubt and fear of being exposed as a fraud or imposter” (Bravata et al., 2020). Research demonstrates that those affected with imposter syndrome may experience increased levels of stress and emotional exhaustion, burnout, decreased job performance and satisfaction, and psychological issues, such as depression, anxiety, low self-esteem, somatic symptoms, and social challenges (Bravata et al., 2020). Numerous studies have shown that minority groups are more likely to experience IS compared to dominant groups (Bernard, Hoggard, & Neblett, 2018; Bravata et al., 2020; Cokley, McClain, Enciso, & Martinez, 2013). Factors that predispose minority students to increased psychological stress may include a lack of adequate financial support, racial discrimination, and being the first in the family to pursue advanced education. Unique considerations among first-generation students may include documentation status and stress related to professional development, while addressing traditional family/gender roles (Bravata et al., 2020; Parkman, 2016). The interaction between IS among Latinx mental health providers and the COVID-19 pandemic intertwined with growing disparities and racial injustice has yet to be studied. The purpose of this roundtable is aimed for students as well as early- and late-career Latinx mental health providers to raise awareness of IS and increase reflection on how the pandemic and health inequities impact their personal and professional development and well-being. Presenters will discuss various strategies to address imposter syndrome among Latinx mental health providers at intrapersonal, institutional, and systematic levels.



ROUND TABLES

SATURDAY, OCTOBER 16

9:45 AM – 10:45 AM

RT 211

La adaptación cultural de terapias psicológicas para la población Latina/Hispana

Presenters

Rosario Paredes, Psy.D., Mariana Vazquez, B.A.

Authors

Mariana Vazquez, Rosario Paredes Carrion

Propósito: La importancia de servicios culturalmente relevantes para distintos grupos étnicos ha recibido atención e interés en el campo de psicología durante las últimas décadas. En el área de la salud mental, se habla sobre la adaptación cultural de protocolos de intervenciones psicológicas. Dicha adaptación consiste en considerar el idioma y la cultura de los clientes, así como hacer modificaciones para implementar tratamientos que sean compatibles con los valores culturales e intereses y las necesidades del cliente. En la población Latina/Hispana, el uso de servicios de salud mental es menor y el abandono prematuro de tratamientos es mayor en comparación con otros grupos étnicos (Alegria et al., 2006; Department of Health and Human Services, 2001). Estos patrones se intensifican por la falta de intervenciones culturalmente sensibles para Latinos/Hispanos (Miranda et al., 2005). Aunque se ha reconocido la necesidad de realizar adaptaciones culturales de intervenciones basadas en la evidencia empírica, existe una gran limitación: la investigación sobre la adaptación cultural de terapias psicológicas es escasa. Sin embargo, la literatura científica ha proporcionado sugerencias prácticas que son útiles en la implementación de la terapia culturalmente adaptada. Con el propósito de aprender sobre las diferentes dimensiones de intervenciones culturalmente sensibles para la población Latina/Hispana, en esta mesa redonda los participantes tendrán la oportunidad de recibir información, compartir sus experiencias profesionales, opiniones y sugerencias y expandir su conocimiento en este tema.

Objetivos: Con el objetivo de promover una conversación, y especialmente, expandir el conocimiento para los profesionales que dan servicios en Estados Unidos y en otros países, esta mesa redonda consistirá en una breve presentación seguida por una serie de preguntas para la audiencia. La conversación comenzará considerando la diversidad racial, cultural, y lingüística de la población Latina/Hispana. La conversación se centrará en Latinos/Hispanos migrantes alrededor del mundo, ya sea migración a una ubicación diferente en el mismo país o un país diferente. Los participantes identificarán y compartirán cuáles son los patrones de adaptación culturales que han visto en migrantes Hispanos/Latinos y las herramientas de evaluación que han utilizado para identificar el nivel de adaptación cultural. Además, los participantes compartirán sus opiniones basadas en su experiencia profesional sobre las diferencias en niveles de adaptación cultural dependiendo de la generación del cliente (primera generación o segunda generación en cierto ambiente). Uno de los objetivos de esta mesa redonda es considerar diferentes factores en el contexto de los tratamientos psicológicos culturalmente adaptados para Latinos/Hispanos. Por ejemplo, diferencias en modificación dependiendo de la modalidad del servicio, es decir tratamientos individuales, en familia o en pareja. En el caso de servicios para la familia y pareja, tener en cuenta que miembros de una familia o parejas pueden hablar diferentes idiomas y/o tener valores culturales distintos. Al final de la mesa redonda los participantes recibirán recursos adicionales que brindarán más información y promoverán el aprendizaje continuo sobre la adaptación cultural de la terapia psicológica para Latinos/Hispanos.



ROUND TABLES

SATURDAY, OCTOBER 16

9:45 AM – 10:45 AM

RT 241

Manteniendo la Narrativa (Keeping the Narrative): A discussion on adapting trauma work to meet Latinx sociocultural experiences

Presenters

Samantha Schindelheim, L.C.S.W.

Authors

Samantha Schindelheim, Maciel Campos

Alternatives for Families: Cognitive Behavioral Therapy (AF-CBT) is a therapeutic model that has shown to improve Post Traumatic Stress Disorder (PTSD) in children and adolescents (Kolko et al., 2012, 2018; Kolko & Swenson, 2002) and is an evidence-based treatment for family conflict and aggression, including physical abuse. The trauma narrative is an essential component of the AF-CBT model and focuses on exposing painful memories through written, verbal, or artistic forms, providing survivors with an opportunity to make sense of their experiences so that they can reclaim their power and autonomy (Deblinger et al., 2011). Furthermore, reading the trauma narrative and processing reactions to the abuse with the offending caregiver provides the dyad with a healing space, allowing the caregiver to better understand the youth's perspective of what they endured from the abuse. Following the trauma narrative, a clarification letter is written by the caregiver allowing them to openly share what they have learned from this therapeutic experience with their child and opening communication about the abuse/conflict and other difficult topics.

Despite studies indicating that AF-CBT is effective for multicultural youth (Grefe, Brown, Lang, Sharma-Patel, 2020; Enache & Mihai, 2021), there is minimal evidence that AF-CBT is particularly effective for Latinx youth and their caregivers. Furthermore, sociocultural factors, such as language and differing levels of acculturation can create therapeutic barriers when engaging these families, making it more challenging to communicate successfully about the trauma between the provider, youth and caregiver in the dyad sessions. Thus, it is essential that cultural strengths and interventions that have already been established within Latinx communities are explored and incorporated into trauma treatment. Practitioners must understand which linguistic and culturally compatible methods exist, specifically within Latinx communities, and how practitioners and trauma survivors can bring this knowledge forward. By doing so, individuals, families, and their communities have a greater ability to thrive rather than just survive their trauma. A roundtable session will allow for a short case presentation and description of the clinicians' experiences engaging a 16-year-old second-generation English-dominant Mexican American male and his monolingual Spanish-speaking mother in dyadic trauma work. Questions will be posed to the group about best practices to ensure cultural and linguistic competence when exchanging trauma narratives to avoid misunderstanding emotions and interpret accurate expressions and experiences. In addition, the appropriateness of this intervention for Latinx youth and their offending caregivers, essential adaptations to improve providers' cultural humility and competence practices in care with this population, and providers' experiences managing cultural and linguistic strengths and barriers in trauma work are important themes that will be included in the discussion.



ROUND TABLES

SATURDAY, OCTOBER 16
11:00 AM – 12:00 PM

RT 242

Mentoring Latinx Psychology Trainees

Presenters

Ana Bridges, Ph.D., Jasmine Mena, Ph.D., Yaira Oquendo Figueroa, Ph.D.,
Jeanett Castellanos, Ph.D.,

Authors

Jasmine Mena, Ana Bridges, Yaira Oquendo-Figueroa, Jeanett Castellanos

Growing the number of Latinx psychologists requires a commitment to facilitating robust pathways to the promotion and success of Latinx trainees. Research supports the central role of mentorship and its meaningful impact on professionals (Alcocer & Martinez, 2017; Coates, 2012). Although mentorship has demonstrated positive outcomes on Latinx psychologists' professional development (Torres & Hernandez, 2009), many faculty members and clinical supervisors have limited to no training on mentorship; research supports they have even less knowledge related to mentoring BIPOC students (Johnson, 2002). This lack of training can be detrimental to students in training when faculty do not understand BIPOC students' needs, trajectories, and experiences.

In this round table, we bring together mentors of Latinx trainees at multiple levels (undergraduate, graduate, interns, and postdocs) to discuss how successful mentors see their roles, the approaches they take in mentoring Latinx trainees, the distinctions they draw between mentoring and advising, the boundaries and expectations they set for mentoring relationships, and how they push institutions to be more inclusive and anti-racist in support of trainees. Interactions with attendees will help uncover common themes to successful mentorship, traps to avoid, and strategies to employ for both mentors and mentees.



ROUND TABLES

SATURDAY, OCTOBER 16
11:30 AM – 12:30 PM

RT 222

Latinx Health Equity and Health Disparities Special Interest Group Meeting

Presenters

Lisa Sanchez-Johnsen, Ph.D., Azara Santiago, Ph.D.

Authors

Lisa Sanchez-Johnsen, Azara Santiago-Rivera

The purpose of the Latinx Health Equity and Health Disparities Special Interest Group is to engage in networking and collaboration regarding physical and behavioral health equity, and health disparities issues as they affect Latinx individuals. We take a strength-based perspective that emphasizes the resiliency of Latinx individuals. This roundtable is a business meeting for the Latinx Health Equity and Health Disparities Special Interest Group. Current members, potential new members, and anyone who wishes to learn more and/or collaborate with this Special Interest Group are welcome to attend. The roundtable will start with a brief introduction of those in attendance and discuss their areas of interest. Next, past accomplishments and the current focus of our Special Interest Group will be discussed. Finally, future directions and priority areas of work will be discussed. An emphasis on ways to become more involved with this Special Interest Group will be emphasized. Researchers, clinicians, educators, and all allied health professionals interested in Latinx health are welcome to attend. Students and trainees at all levels, community members, and health professionals are encouraged to join this Special Interest Group meeting.



ROUND TABLES

SATURDAY, OCTOBER 16
11:30 AM – 12:30 PM

RT 262

Servicios de Salud Mental: Constructing a culture-centered approach for Latinx, rural, high poverty populations

Presenters

Sandra Bertram Grant Solis, M.Ed.

Authors

Sandra Bertram Grant

Child sexual abuse is one of the most preventable public health issues, with damaging affects to the individual's As products of the sociopolitical environment in which they were trained and accultured to mental health, many mental health professionals in the United States often privilege western viewpoints and approaches in their provision of services (Duran et al., 2008; Zilberstein, 2021). While these approaches have been shown to alleviate distress in white affluent populations (citation), these same counseling practices have been shown to be of limited effectiveness with racial/ethnic minoritized groups (Hargett, 2020) and rural, high poverty populations (Bennett & Rosenheck, 2021; Morales et al., 2020). Many Latinx communities continue to face severe disparities in both access to and quality of treatment (National Alliance on Mental Illness, 2019).

A review of the literature was conducted focused on Latinx populations, rural populations, and high poverty populations to inform an initiative focused on these populations. This review of 127 articles highlights common themes and concerns across these three priority populations: Namely, stigma, cultural misconceptions, limited literacy, barriers in access, and potential outreach opportunities to promote seeking mental health services, service utilization, and retention were all prevalent in the literature of mental health services for Latinx, rural, high poverty populations.

In this roundtable, we will outline and explain the key themes in the literature, and discuss the importance of addressing accessibility, availability, and acceptability barriers that exacerbate the already wide differences in quality of care among Latinx, rural, and high-poverty communities. We will also discuss the implications of such wide-reaching and pervasive concerns in the literature and explore potential pathways and next steps to address these inequities in the provision of mental health services (e.g., service provider self-awareness, community-centered interventions, innovations in methods for cultural, racial and SES groups, and intersectionality).



ROUND TABLES

SATURDAY, OCTOBER 16
12:45 PM – 1:45 PM

RT 213

La Violencia de Género en Puerto Rico: Una Emergencia Nacional

Presenters

Kalitza Baerga Santini, Ph.D., Lisa Costas, Ph.D., Migna Rivera, Ph.D., Yazmin Cancel-Cruz, Psy.D.

Authors

Lisa Costas, Migna Rivera-García, Yazmín Cancel-Cruz, Kalitza Baerga- Santini

La violencia de género en Puerto Rico ha proliferado a niveles alarmantes hasta el punto de haberse declarado recientemente una emergencia nacional. Aunque las estadísticas varían, se ha reportado que al menos una mujer es asesinada en Puerto Rico cada siete días. Se estima que entre el 2014-2018, ocurrieron 266 asesinatos de mujeres o feminicidios y se estima una tasa de feminicidio de 3 mujeres asesinadas por cada 100,000 mujeres (Proyecto Matria y Kilómetro 0, Inc., 2019). Puerto Rico es considerado uno de los países con una de las tasas más altas de feminicidios. Comparado con los Estados Unidos, Puerto Rico tenía una tasa de feminicidios más alta entre el 2014-2017 y comparado con otros estados de Estados Unidos, ocupaba un 13vo lugar entre los 50 estados (Proyecto Matria y Kilómetro 0, Inc., 2019). Casos prominentes y recientes han expuesto aún más esta problemática social y de salud llevando a un reclamo al gobierno del país. Esta discusión enfocará en la exposición de los factores múltiples que contribuyen a mantener y aumentar la violencia de género en Puerto Rico incluyendo la situación económica que impera en el país, el impacto del huracán María y los terremotos del 2020, el aumento del nivel de pobreza en el país, factores culturales y obstáculos legales y sistémicos. El impacto de la violencia de género en las comunidades y en la salud física y mental será discutido. También se enfocará en las intervenciones comunitarias y clínicas que se han efectuado, así como en iniciativas nuevas para enfrentar el problema. El rol de los/as psicólogos/as y otros profesionales de la salud mental es crucial en la investigación, prevención, servicios y abogacía para generar soluciones a la violencia de género en Puerto Rico. El rol del supervisor/a clínico/a y la utilización de modelos de supervisión feministas son importante para preparar a los/as psicólogos/as para manejar la violencia de género en sus prácticas clínicas y como respuesta a la problemática.



ROUND TABLES

SATURDAY, OCTOBER 16
12:45 PM – 1:45 PM

RT 253

Perdida con la Familia: Navigating Child Sexual Abuse and Help-Seeking Behaviors in Latinx Families

Presenters

Olga Mejía, Ph.D., Carla Vargas, B.A.

Authors

Carla Vargas, Olga Mejía

Child sexual abuse is one of the most preventable public health issues, with damaging affects to the individual's mental and physical health (Fix et al., 2021). However, few research has been done on Latinx childhood sexual abuse, which may produce a greater risk for Latinx youth to experience such trauma (Bacigalupe, 2001). Cultural and social stigmas surrounding mental health and sexual abuse in Latinx families may contribute to Latinx youth experiecing child sexual abuse. Cultural and social stigmas, such as shame, fear of social systems, machismo, and marianismo create barriers for help-seeking behavior in Latinx youth (Fontes, 2007). Regardless, there are many long-lasting affects of childhood sexual abuse, such as symptoms of depression, post-traumatic stress disorder (PTSD), and substance use (Ulibarri et al., 2015). Therefore, seeking both individual and systemic influences to the Latinx youth's risk of child sexual abuse, may aid to decrease childhood sexual abuse within the community. Hence, exploring the influence of social systems and government policies that affect help-seeking behaviors in Latinx families is critical to the development and healing of Latinx youth. Such systemic influces may include anti-immigration sentiments and policies, that in turn may create barriers for Latinx youth and families to seek help for child sexual abuse. Therefore, psycho-education regarding consent, healthy relationships, and physical and emotional boundaries, may be valuable intervention and prevention methods for families who have expereinced childhood sexual abuse (Prikhidko & Kenny, 2021). Such meidation may in turn, lead to the overall health and wellbeing of Latinx families, but most importantly decrease the risk of child sexual abuse in the Latinx comunity (Fix et al., 2021). Lastly, participants will have the opportunity to hear the experience of the presenters and their family's help-seeking behavior in response to child sexual abuse.

References:

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Ulibarri, M. D., Ulloa, E. C., & Salazar, M. (2015). Associations between mental health, substance use, and sexual abuse experiences among Latinas. *Journal of Child Sexual Abuse: Research, Treatment, & Program Innovations for Victims, Survivors, & Offenders*, 24(1), 35–54. <https://doi-org.lib-proxy.fullerton.edu/10.1080/10538712.2015.976303>



ROUND TABLES

SATURDAY, OCTOBER 16
1:00 PM – 2:00 PM

RT 232

Liberation through Reflective Practice

Presenters

Elizabeth (Buffy) Trent Wolf, Psy.D.

Authors

Elizabeth (Buffy) Trent Wolf, Melita Quance, Jessica Alpizar, Alicia Romero

In recent years, the term diversity, equity, and inclusion (DEI) has become commonplace in many work and educational settings. Organizations of all types host DEI training in a stated effort to advance the topics of diversity, equity, and inclusion in their workplaces. Despite the popularity of these trainings, the question of their impact on sustainable systems change remains.

Although within these trainings there has been an increased focus on the importance of individual self-awareness and self-reflection as key to combating implicit bias, there is often little to no meaningful follow-up in terms of supporting and promoting the reflective capacity of DEI trainees. Reflective supervision/consultation (RS/C) provides regular space for individuals to examine their thoughts, feelings, and reactions within the context of a safe, reliable, and consistent relationship (Alliance for the Advancement of Infant Mental Health, 2018). Predominantly discussed in the infant mental health literature, RS/C is a proven model of supporting professionals' self-awareness and exploration of bias. We argue that supporting the reflective capacity of individuals, teams, and organizations is imperative to promoting truly equitable, anti-oppressive, and liberating practices.

Liberation psychology, founded by Ignacio Martín Baró, centers on understanding and addressing oppression through psychological approaches (Comas-Díaz & Torres Rivera, 2020). Martín Baró, influenced by the work of Paulo Freire, focused on the concept of conscientización, often translated as critical consciousness or critical race theory, as not simply awareness of facts but as a critical process of change (Tate, Rivera, Brown, & Skaistis, 2013). It is more aptly understood as the elevation of knowledge and liberation within a target population. The application of liberation psychology removes the individualistic thinking of traditional psychological approaches and places the "problem" not with the individual but rather within the context of the individual's participation in and reaction to the greater systems of oppression.

Liberation psychology and reflective practice align through the reflection on systems of oppressive thinking and examination of oppressive bias and assumptions. Through exploration of the parallel process, professionals develop a greater awareness of oppressive processes that occur simultaneously with our communities, our teams, and ourselves. Enhanced reflective capacity of mental health providers specifically combats inequity within mental health services by asking practitioners to always consider themselves as part of the client's context, rather than as unbiased observers. We argue that reflective capacity provides a clear pathway to conscientización and true liberation for individuals, organizations, and communities.

Given this context, we propose regular and consistent access to reflective supervision/consultation as an alternative to traditional, one-time DEI training approaches. Participants of this roundtable will engage in a rich and critical discussion of DEI training, considering strategies for promoting sustainable reflective capacity, conscientización, and liberation thinking.



ROUND TABLES

SATURDAY, OCTOBER 16
1:00 PM – 2:00 PM

RT 272

Working with Latinx Clients within a Single Session Framework

Presenters

Leo Scaletta, M.S., Aimee Fuentez, Psy.D., Stephanie Silva, M.S.

Authors

Leo Scaletta, Stephanie Silva, Aimee Fuentez

Previous psychological research examining collectivism and individualism highlights how each worldview functions by what they find to be salient (Oyserman, Coon, & Kemmelmeier, 2002; Hogg, Abrams, & Brewer, 2017). Conceptual definitions of the self are often excluded within collectivistic frameworks. Furthermore, individualistic frameworks fail to address the interdependence inherent to humanity (Brewer, & Chen, 2007). Oftentimes examined as opposite ends of cultural orientation (e.g., independent self construal, interdependent self construal), research tends to examine the self within individualism as I, me, and mine and collectivism is examined within group contexts (e.g., us, we, ours) (Triandis, 1993). The current roundtable discussion will explore previous research methodologies and operationalized definitions in order to challenge the narrative that the self does not exist within the collectivistic framework. Utilizing a humanistic existential point of view, we will focus on the integration of these separate but intertwined frameworks.



ROUND TABLES

SATURDAY, OCTOBER 16
2:00 PM – 3:00 PM

RT 214

Latinx Behavioral Health Professionals as Diversity, Equity and Inclusion (DEI) Consultants: Considerations, Practices, and Lessons Learned

Presenters

Daniela Dominguez, Psy.D., Eleanor Gil-Kashiwabara, Psy.D., Kiara Manosalvas, Milton Fuentes, Psy.D., Melany Rivera Maldonado, Ph.D., Marilyn Sampilo, Ph.D., MPH, Lisa Sanchez-Johnsen, Ph.D.

Authors

Marilyn Sampilo, Eleanor Gil-Kashiwabara, Lisa Sanchez-Johnsen, Milton Fuentes, Melany Rivera-Maldonado, Miguel Gallardo, Kiara Manosalvas, Marilyn Sampilo, Daniela Dominguez

Intentional and sustained action to promote diversity, equity, and inclusion (DEI) is needed to create and foster psychological safety across settings. For individuals from historically minoritized and marginalized backgrounds, including Latinx individuals, commitment to these efforts is critical. Against the backdrop of the COVID-19 pandemic, which highlighted persistent racial and ethnic health disparities, and the nation's racial reckoning in the wake of the murder of George Floyd, organizations have recognized that DEI efforts are not optional but are necessary and should be given priority. As a result, there has been increased interest and inquiry from organizations for consultation on DEI issues, including issues pertaining to Latinx health equity, leading Latinx behavioral health professionals, who have been previously involved in this work to some degree, to take on additional roles and responsibilities across the DEI spectrum. The proposed roundtable is intended to stimulate an engaging discussion around this emerging area of practice.

The goals of the roundtable are as follows: 1) provide a forum to discuss DEI work being done by Latinx behavioral health professionals in the context of recent changes in the national DEI landscape, 2) discuss considerations for engaging in this work, 3) outline effective strategies and practices, 4) discuss lessons learned from professional experiences, and 5) explore next steps for Latinx psychologists interested in or engaged in DEI efforts.



ROUND TABLES

SATURDAY, OCTOBER 16
2:00 PM – 3:00 PM

RT 254

Raising Awareness of Professional Guidelines for Psychological Evaluations in Immigration Proceedings

Presenters

Amanda Venta, Ph.D., Cassandra Bailey, Ph.D., Frances Morales, M.A.

Authors

Shahana Koslofsky, Amanda Venta, Alfonso Mercado, Luz Garcini, Cassandra Bailey, Claudette Antuña, Giselle Hass, Craig Henderson, Frances Morales

Guidelines exist for ethical psychological practice with a variety of populations, such as girls and women (APA, 2007), lesbian, gay, and bisexual clients (APA, 2012), older adults (APA, 2014), transgender and gender non-conforming clients (APA, 2015), racially and ethnically diverse clients (APA, 2019), multicultural clients (APA, 2017), and forensic populations (APA, 2013). However, no guidelines have existed for practitioners completing psychological evaluations for United States Customs and Immigration Services (USCIS) until now. The Undocumented Immigrant Collaborative Special Interest Group formed a task force in 2018 at the NLPA annual convention and has since been working toward the creation of ethical guidelines for consideration when completing psychological evaluations for individuals in immigration court proceedings. The intention in developing these guidelines was to promote quality and consistency in the delivery of psychological evaluations in immigration proceedings. Over time, the members of the collaborative consulted about these guidelines with clinical practitioners and legal scholars around the country, during workshops, webinars, and conference presentations, including at the 2020 NLPA annual convention. The guidelines aim to serve as both a starting point for practitioners hoping to get involved in immigration work and as a point of reflection for reputable practitioners aiming to improve and maintain the quality of their work. As the guidelines are now endorsed by the NLPA Leadership Committee, this roundtable will present a first look at the completed set of guidelines. Topics covered will include considerations for testing, the influence of cultural and contextual factors, intersectionality, validity of the assessment, evaluation of minors, and working with interpreters. This roundtable is designed to allow psychologists to evaluate their readiness for conducting such evaluations and provide a standard of competence for their execution. Indeed, awareness of ethical practices when working with immigrants is imperative to protect the civil liberties of an already vulnerable population.



ROUND TABLES

SATURDAY, OCTOBER 16
3:15 PM – 4:15 PM

RT 245

On being a unicorn: The trials and triumphs of being one of few bilingual Latinx clinicians

Presenters

Lissa Lim, Ph.D.

Authors

Lissa Lim

Latinx are one of the largest minority groups in the U.S. and is estimated to count for 28% of the U.S. population by 2060 (Pew Research Center, 2016, Sue & Sue 2016). However, the number of Latinx bilingual psychologists remains low. According to research, of all licensed psychologist in the US only about 5% are Latinx and about 5.5% can provide services in Spanish (Coffman, Bates, Geyn, & Spetz, 2018 ; Smith, 2018). This significant discrepancy contributes to the reasons that the Latinx communities are less likely to pursue and persist in mental health services. Therefore, it is important to continue to create opportunities for bilingual Latinx folks to enter the field of psychology and gain access to the population that needs them most. But what happens when we are one of few, or the only, bilingual Latinx psychologist in our clinical setting? This roundtable focuses on highlighting the need for more bilingual Latinx psychologists, and discussing the challenges of being one of few, as well as the rewarding work that has come from being the first. This roundtable also aims to create a community of support among bilingual Latinx psychologists to support the resiliency of those of us who are one of few in our settings. Lastly, participants will discuss and identify recommendations for graduate programs and clinical settings to better support bilingual Latinx psychologists development, persistence, and thriving.



ROUND TABLES

SATURDAY, OCTOBER 16
3:15 PM – 4:15 PM

RT 265

***The Integration of Self in Collectivism and Individualism:
A Humanistic-Existential Approach***

Presenters

Carlos Aleman, Ph.D., Matthew Sanchez, M.S.

Authors

Carlos Aleman, Matthew Sanchez

Previous psychological research examining collectivism and individualism highlights how each worldview functions by what they find to be salient (Oyserman, Coon, & Kemmelmeier, 2002; Hogg, Abrams, & Brewer, 2017). Conceptual definitions of the self are often excluded within collectivistic frameworks. Furthermore, individualistic frameworks fail to address the interdependence inherent to humanity (Brewer, & Chen, 2007). Oftentimes examined as opposite ends of cultural orientation (e.g., independent self construal, interdependent self construal), research tends to examine the self within individualism as I, me, and mine and collectivism is examined within group contexts (e.g., us, we, ours) (Triandis, 1993). The current roundtable discussion will explore previous research methodologies and operationalized definitions in order to challenge the narrative that the self does not exist within the collectivistic framework. Utilizing a humanistic existential point of view, we will focus on the integration of these separate but intertwined frameworks.



SYMPOSIUM

FRIDAY, OCTOBER 15

9:45 AM – 11:15 AM

SYM 131

Disentangling the Conceptualization and Measurement Of Psychosocial Stressors And Their Relevance in Understanding Health Outcomes in Latinx Communities

Presenters

Manuel Ramirez III Ramirez III, Ph.D., Norma Rodriguez, Ph.D., Julia Gallegos-Guajardo, Ph.D., Ramon Flores, M.A., Laura Scholaske, Ph.D.

Authors

Norma Rodriguez, Manuel Ramirez III

In this country as well as in Europe and Latin America, notions of racial, cultural, gender, and sexual identity superiority have contributed to a “cruel optimism” (Berlant, 2011) that is responsible for marginalization, and health inequities among people of color. The Mexican psychologist, J.J Fonseca (1973) has emphasized that as psychologists in societies that have been marginalized, we cannot evade our responsibility to work to eliminate inequality and disenfranchisement. The papers to be presented in this symposium address the root causes of social injustice and health inequity—acculturative stress, minority status stress, socioeconomic status stress, and the process of development of culturally-relevant and culturally-sensitive perspectives that contribute to emic approaches and grounded theories and conceptual frameworks that we will need to achieve social justice and improvement of well-being in the future.



SYMPOSIUM

FRIDAY, OCTOBER 15

9:45 AM – 11:15 AM

SYM 151

Ecological Approaches to Clinical Training and Treatment: Lessons Learned from a Substance Use Training Program

Presenters

Emanuel Hermosillo, M.A., Henrietta Pazos, Psy.D., Yaira Oquendo Figueroa, Ph.D.

Authors

Henrietta Pazos

While the Latinx population is one of the fastest growing ethnic minority groups in the United States their utilization rates of mental health and substance use treatment remains significantly low compared to other ethnic groups and non-Hispanic whites. (Pinedo et. al, 2018 in Pinedo, 2019). This underutilization coupled with lack of culturally and linguistically responsive treatment has potentially severe mental health and life-threatening outcomes. An Ecological approach to clinical training and treatment that also considers the heterogeneity within the Latinx population is paramount. We will explore an Ecological approach to clinical training that will focus on curricular and pedagogical practices and clinical supervision within an integrated health setting through the perspective of a professor, clinical supervisor and student trainee. Participants will leave with an understanding of essential components in these areas that they can implement in similar training programs and that can help inform research grant writing and policy making.



SYMPOSIUM

FRIDAY, OCTOBER 15

11:00 AM – 12:30 PM

SYMP 122

Culturally Informed Flexible and Family Based Treatment for Adolescents: Theory, Evidence, Practice, and Training

Presenters

Daniel Santisteban, Ph.D., Melissa Gutierrez M.A., Maite Mena, Psy.D., Gabrielle del Rey, M.F.T.

Authors

Melissa Gutierrez

Culturally Informed and Flexible Family Treatment for Adolescents (CIFFTA) was developed for Latino families and uses an adaptive, flexible approach to integrate individual, family, and psycho-educational interventions tailored to each family's unique clinical and cultural characteristics. The first presentation focuses on evidence for the usefulness of adaptive interventions and theoretical frameworks that guided the creation of CIFFTA for Latino families. The second presentation reports on a study comparing the efficacy of CIFFTA to an individually oriented treatment-as-usual condition in engagement, retention, and family functioning in a sample of 200 Latino adolescents. The third presentation reports on the implementation of CIFFTA with a unique sample of Latino and gender and sexual minority adolescents who self-harm. The fourth presentation shares data from a small study testing the feasibility of an innovative online learning platform developed to train clinicians in evidence-based family therapy, how trainees mastered core family therapy competencies, and their satisfaction with the learning process.



SYMPOSIUM

FRIDAY, OCTOBER 15

11:00 AM – 12:30 PM

SYM 162

From Cancer Prevention to Survivorship: Supporting Positive Health Outcomes for Latinx | 1.5 CE

Presenters

Marlen Kanagui-Muñoz, Ph.D., Lisa Rosman, M.D., Hunter Holt, M.D., MAS, Lisa Sanchez-Johnsen, Ph.D., Lydia Buki, Ph.D., Irma Rodas, B.A.

Authors

Marlen Kanagui-Muñoz, Frank Penedo

Cancer remains a leading cause of death among Latinx. Latinx individuals face a number of health disparities that negatively impact their cancer risk and outcomes. Despite these well-documented disparities, cancer research focused on Latinx individuals remains scarce. As such, the present symposium aims to highlight three understudied topics in Latinx cancer research. The first presentation will explore the role of bariatric surgery and cancer risk reduction among Latinx. The second presentation will focus on the importance of raising awareness and promoting cervical cancer screening in Latinxs. Finally, the third presentation will discuss survivorship identity and positive health outcomes among Latinx breast cancer survivors. Implications for research and health policy will be discussed as well as recommendations for practice and intervention.



SYMPOSIUM

FRIDAY, OCTOBER 15

12:45 PM – 2:15 PM

SYM 123

Development, Design, and Initial Evaluation of a Culturally Tailored Intervention to Address COVID-19 Disparities Among Latinx Communities Across Oregon | 1.5 CE

Presenters

Anne Marie Mauricio, Ph.D., Ellen McWhirter, Ph.D., Stephanie De Anda, Psy.D.

Authors

Ellen McWhirter, Stephanie De Anda

The COVID-19 pandemic has spared no community or demographic group. Contagion, hospitalization, and fatalities have disproportionately affected those who already experience structural inequities, such as immigrants and Latinx communities. This symposium presents three integrated papers reporting on the NIH-funded Oregon Saludable: Juntos Podemos (OSJP) collaborative study designed to increase the rates of SARS-CoV-2 testing (colloquially 'COVID-19 testing') and participation in COVID-19 preventive strategies among Latinx residents in nine Oregon counties. The first paper describes the development and components of the Promotores de Salud outreach and health education intervention. The second paper describes the planning, implementation, and evaluation of the intervention through an implementation science lens with an emphasis on community engagement to build its success in reaching Latinx populations. The third paper reports an initial intent to treat evaluation of the experimental design, focusing on per capita testing of Latinx Oregonians.



SYMPOSIUM

FRIDAY, OCTOBER 15

12:45 PM – 2:15 PM

SYM 163

Impact of Immigration Policies and Practices on Latinx Immigrant Youth: Recommendations for Trauma-Informed Policies and Partnerships | 1.5 CE

Presenters

Stephanie Torres, Ph.D., Ida Salusky, MPH, Ph.D., William Martinez, Ph.D.

Authors

Stephanie Torres

This symposium aims to highlight how U.S. immigration policies impact Latinx immigrant youth and provide recommendations for trauma-informed policies and practices that bolster resilience and well-being among the Latinx immigrant community. The initial presentation will set the stage by describing how immigration policies impact Latinx migrant youth seeking refuge during migration and upon resettlement, with a focus on experiences of trauma. The second presentation will examine the impact of Deferred Action for Childhood Arrivals (DACA) among Latinx young adults through the lens of structural violence and illustrate how youth resist this violence. The final presentation will discuss the unique role of integrated, interdisciplinary partnerships and trauma-informed practices in the development of legal universal declarations for Latinx newcomer adolescents seeking asylum. Recommendations for trauma-informed policies and community responses will be woven throughout all presentations.



SYMPOSIUM

FRIDAY, OCTOBER 15

1:00 PM – 2:30 PM

SYMP 112

Ánimo: Decolonizing and Healing Latinx Graduate Students in Training | 1.5 CE

Presenters

Mitzy Ruelas, B.A., Paola Acosta, B.A., Carla Vargas, B.A., Valeria Ayala, B.A.,
Olga Mejía, Ph.D.

Authors

Olga Mejía

*This symposium will feature a faculty member and four Latinx graduate students who developed and participate in the **Ánimo: Latinx Counseling Emphasis** at a Hispanic Serving Institution (HSI). In our presentation, rather than using a deficit model, we will focus on a strength based perspective and the importance of finding and valuing our own voice. As such, we will utilize a Liberation Psychology theoretical perspective. We will discuss the development and implementation of the **Ánimo** emphasis; empowerment of Latinx graduate students by representation in the classroom of Latinx peoples, culture, and experiences; Latinx graduate students sense of belonging in **Ánimo** courses versus non-**Ánimo** courses; and the challenges of finding culturally responsive bilingual and bicultural supervision and training sites.*



SYMPOSIUM

FRIDAY, OCTOBER 15

3:15 PM – 4:45 PM

SYM 155

Ethnic discrimination and Latinx well-being in the time of COVID and political turmoil: Implications for community- and individual-level factors

Presenters

Jaclyn Pachicano, M.S., Claire Bird, M.S., Veronica Heredia, B.A., Lucas Torres, Ph.D.

Authors

Lucas Torres

Recent events, namely the COVID-19 pandemic, racial injustice, and political turmoil have further highlighted how ethnic discrimination continues to be a significant determinant of health disparities, particularly for the Latinx community. The current symposium will present research that examined Latinx experiences, factors, and mechanisms linking ethnic discrimination and psychological well-being among community and college samples. This work sought to understand ethnic discrimination at systemic-, community-, and individual-levels. The first presentation examined how COVID-specific stressors, ethnic discrimination, and hope predict varying levels of depression and anxiety among Latinx adults. The second presentation investigated the role of alcohol-use and social cohesion in the relationship between ethnic discrimination and depression in Latinx communities. Finally, the third presentation takes a qualitative approach to examine Latinx college students' views on the manifestation of racism in recent years. Theoretical and practical implications of each of these findings will be discussed.



SYMPOSIA

SATURDAY, OCTOBER 16

9:45 AM – 11:15 AM

SYM 221

***Our Transformational Journey of Creating a
Decolonized Trauma-Informed Clinic for Latinx Families***

Presenters

Cynthia Areola, LMSW, Ruth Zuniga, Ph.D.

Authors

Cynthia Arreola, Wanda Vargas

The Family PEACE (Preventing Early Adverse Childhood Experiences) Trauma Treatment Center at New York Presbyterian Hospital provides mental health services to children ages birth to five and their primary caregivers who have been exposed to trauma.

During the syndemic of COVID-19 and racism in 2020, The Family PEACE Program enhanced their practice to include an anti-oppressive decolonized framework to address the needs of Latinx families. Family PEACE will illustrate the aspects of the transformation process, including a shift in the paradigm from deficiency-based to a salutogenic model, which addresses intergenerational trauma and mitigates risks to children and families by strengthening and re-establishing a connection to culture and promoting ethnic identity and resilience. The clinic also incorporated practices and interventions that built on the strengths of the Latinx community, such as spiritual and traditional healing practices that can be woven in to their existing evidence-based practices.



SYMPOSIA

SATURDAY, OCTOBER 16

9:45 AM – 11:15 AM

SYM 261

***The Power of Culture-based Pedagogy: Developing Culturally
Responsive Curriculum for Bicultural and Bilingual
Therapists-in-Training***

Presenters

Carlos Ramos, Ph.D., Patricia Davila, M.A., Adriana Gil-Wilkerson, Ph.D., Ezequiel Peña, Ph.D., Andrea Nava Quintero, M.S.

Authors

Carlos Ramos

Pew Research Center (2019) data indicate that Latinx individuals remained the largest ethnic minority group numbering an estimated 60.6 million people in the U.S. There remains a growing demand for Spanish-language therapy services while specially trained bilingual therapists remain few. The Psychological Services for Spanish Speaking Populations (PSSSP) certificate program was implemented in 1998 in response to the observation that Spanish-speaking trainees, trained exclusively in English, struggled when providing services in Spanish. The PSSSP curriculum was developed following a needs assessment of bilingual graduate students and professionals, as well as of the local Spanish-speaking community. The PSSSP supports therapists-in-training in navigating the richness and complexity involved in providing Spanish-language services in the U.S. Symposium presenters will engage the audience in exploring their bilingual therapy journeys, share several Spanish-language therapy cases, and reflect on where they are in their development as Spanish-English bilingual marriage and family therapists, school psychologists, and psychologists-in-training.



SYMPOSIA

SATURDAY, OCTOBER 16

11:00 AM – 12:30 PM

SYM 212

Mujeres en STEM: Navigating the Chilly Climate and Entre Fronteras

Presenters

Tatiana Vera, B.A.

Authors

Tatiana Vera, Patricia Arredondo, Marie Miville, Christina Capodilupo

"We are not women in science—we're scientists," proclaimed Dr. Donna Strickland upon receiving the Nobel prize in physics in 2018. She was the first woman to receive the award in 55 years. Though seemingly astonishing, her experience is not unique among women scientists. As we describe, there has always been a glass ceiling in science and at many levels—in doctoral training, promotion and tenure cases, with appointments to administrative positions, and with awards and recognition. In Hidden Figures, three extraordinary African American women consistently experienced racism and sexism despite their brilliance. Contemporary women are second-guessed by male counterparts and relegated to assistant roles. Women's perceptions lived experiences, and viewpoints in the sciences derive from multiple contexts and relationships often influenced by conditions and individuals outside of their control. However, these women persist. It is our intention to describe women scientists' historic and contemporary experiences from different ethnic and racial backgrounds.



SYMPOSIA

SATURDAY, OCTOBER 16

11:00 AM – 12:30 PM

SYM 252

Strengths and Needs of Unaccompanied Immigrant Minors and their Caregivers: Moving Forward Optimistically to Fill Resource-Need Gaps

Presenters

Manuel Paris, Psy.D.

Authors

Diana Formoso, Manuel Paris

Unaccompanied immigrant minors (UIM) encounter trauma pre-, during, and post-migration that is undeniable and acknowledged, and it is not surprising that some unaccompanied youth are at risk for mental health issues, unsuccessful family or foster placements, and other negative short-term outcomes. Yet the literature highlights the common observation that many UIM fare well, despite their trials, and underscores youths' own identification with narratives of strength through adversity. A developmental-ecological perspective and work in immigration suggest that beyond individual strengths and challenges, immigrant youth outcomes are shaped, too, by the capacity of the host community to provide the supports necessary for youth to achieve the successful outcomes they are striving to meet. This projects in this symposium seek to better understand the supports necessary for unaccompanied youth to thrive in the U.S. and how service providers might move forward optimistically to bolster community resources and meet identified resource-need gaps.



SYMPOSIUM

SATURDAY, OCTOBER 16

12:15 PM – 1:45 PM

SYM 243

**Quienes Somos y de Dónde Venimos:
A Historical Context for Working with Latinx Individuals Today**

Presenters

Manuel Paris, Psy.D., Oscar Rojas Perez, Ph.D., David Zelaya, Ph.D., Nancy Herrera, Ph.D.

Authors

Manuel Paris

The goal of this symposium is for mental health providers, clinical educators, and researchers to gain a deeper understanding of the various forms of oppression, colonialization, and sociopolitical/sociocultural factors influencing the mental health of Latinxs (i.e., with ethnic roots in Mexico, Guatemala, El Salvador, and Honduras) in the United States. The presentation will cover important historical events, from periods of colonialization to present-day events impacting the mental health of Mexicans, Guatemalans, Salvadorans, and Hondurans in the United States. The discussion will include historical incidents that have and continue to shape intersecting identities, ethnic pride, status, positionality, attitudes, beliefs, cognitions, behaviors, and realities of the four Latinx communities. Finally, we will discuss the importance of incorporating emic, social justice, and liberation approaches when providing clinical care to Latinxs in the United States.



SYMPOSIUM

SATURDAY, OCTOBER 16

2:15 PM – 3:45 PM

SYM 233

**Psychologist in Action: Outreach, advocacy and social
justice in graduate clinical psychology programs | 1.5 CE**

Presenters

Ruth Zuniga, Ph.D., Marisol Beaulac, M.A.

Authors

Ruth Zuniga

Psychologists' engagement in social justice advocacy has evolved and is becoming increasingly more important. However, the operationalization of social justice within the field has been difficult to put into practice and few clinical psychology training programs offer tools on how to engage in outreach and advocacy. Our graduate-psychology program has been engaging in social justice initiatives through advocacy, outreach, and service-learning for several years, demonstrating that social justice advocacy in academia is possible. Through outreach in collaboration with community-based organizations, we remove barriers, and bring mental health services to Latinxs, reaching 30,000 people during 2020-2021. Similarly, faculty have been advocating at the State and Federal level for policies aimed at supporting migrant communities. This presentation will illustrate how our program integrates outreach and advocacy into our training through required courses, service learning experiences, and clinical practices and the transformational impact that engaging in social justice and advocacy initiatives have for faculty and students alike.





WORKSHOPS

FRIDAY, OCTOBER 15

9:45 AM – 12:45 PM

WKSP 111

**Conducting Your Business Through a Latinx Lens:
Considerations for Psychologists in Navigating the
Current Context | 3 CE**

Presenters

Milton Fuentes, Psy.D., Melba Vasquez, Ph.D., Eleanor Gil-Kashiwabara, Psy.D.,
Ariel Alvarez, Ph.D., J.D.

Authors

Eleanor Gil-Kashiwabara, Milton Fuentes, Melba Vasquez, Ariel Alvarez

(Please note: This same group of presenters provided a related workshop at the NLPA conference during the previous two conferences, and both were very well-received). This year's workshop expands on previous content to address in greater depth some of the areas last year's participants expressed interest in, inclusive of current context complexities. This workshop will engage participants in all career stages in exploring important aspects of conducting a business. Topics covered include: a) developing a practice/small business or needing to re-work or refresh your existing business; b) what it means to be a psychologist and small business owner grounded in the strength of our Latinx identity and values; c) legal, considerations around developing and/or conducting a business; d) how Latinx psychologists can better serve their communities, be proactive advocates/social justice oriented while having a successful business; and e) integrating self-care in meaningful and effective ways. An important element of this workshop is the attention given to navigating all of these areas in the current context (i.e., COVID "new normal" transition, deep reckoning and renewed calls for activism related to racism). For example, the legal segment will include legal issues related to virtual practice, something that is evolving in the COVID "new normal" transition. Attendees will learn about and participate in discussions around how to value their work (e.g., negotiating contracts, setting fees), and a variety of other practice-oriented issues including, but not limited to insurance, practicing from a social justice and advocacy lens, naming your business, website presence and self-care in the current climate. Issues related to both private practice and psychological consultation businesses will be addressed as well as strategies and choices that make sense at different stages of career. Opportunities to pause, reflect and discuss around alignment with our Latinx values will be integral to this dynamic and interactive workshop.



WORKSHOPS

FRIDAY, OCTOBER 15

11:00 AM – 2:00 PM

WKSP 172

**Entre Familia:
Creating Healing Spaces for
Latinx College Students at University
Counseling Centers**

Presenters

Kristina Mendez, Ph.D., Lissa Lim, Ph.D.

Authors

Lissa Lim, Kristina Mendez

As the number of Latinx students entering university increases, we need to equally increase the spaces on university campuses that support their well-being and academic success. Historically, university campuses have not been spaces that have served the Latinx community well, and due to the unique challenges this poses for Latinx college students, there has also been a well-documented higher dropout rate for this population. One strategy to increase support systems and healing spaces on university campuses for Latinx college students is to offer culture-specific bilingual support groups that can help them address the unique issues they face, create healing spaces, cultivate support, and facilitate empowerment. This workshop will highlight the importance of culture and language specific support groups for Latinx students, describe the strategies for creating a successful Latinx support group, and offer opportunities for practice and discussion of strategies for a successful Latinx support group at University Counseling Centers.



WORKSHOPS

FRIDAY, OCTOBER 15

2:00 PM – 5:00 PM

WKSP 144

**Ending Chancla Culture:
Reframing Latinx Family Traditions Towards
the Preservation of Culture and Resilience for
Bicultural Children & Families | 3 CE**

Presenters

Leslie Priscilla, B.A.

Authors

Leslie Arreola-Hillenbrand

This presentation will be a thorough discourse of the present well-being of an ever-expanding and evolving Latinx family demographic within this country: Latin American origin families. These include immigrant parents, first and second generation U.S. born Latinx self-identified parents, and their children. We will uncover consistent themes in the research such as intergenerational Latinx parenting practices and how these are affected by cultural values and traditional social constructs. Discussed will be how those values may very well be used as protective agents against acculturative stress and therein a range of social-emotional adjustment outcomes for both parents and their children.



WORKSHOPS

SATURDAY, OCTOBER 16

9:45 AM – 12:45 PM

WKSP 231

Poetry as data, data as poetry: Prosas de Resistencia | 3 CE

Presenters

Bryan Rojas-Araúz, Ph.D., Ellen Hawley McWhirter, Ph.D.

Authors

Ellen McWhirter, Bryan Rojas-Arauz

In order for our field to continue to move forward, we have to be willing to transform it and move within it in new ways. We utilize a CRT and LatCrit framework to conceptualize this workshop, and use testimonio poetry methodology to create counterstories and decolonize research practices. CRT and LatCrit scholars recognize the oppressive and racist epistemologies undergirding standard research methods (Camacho, 2004; Delgado Bernal, 2002; Delgado Bernal & Villalpando, 2002; Pérez Huber, 2009). This erasure and devaluing of knowledge from communities of color are rooted in White supremacy and marginalization (Delgado Bernal & Villalpando, 2002; Pérez Huber, 2009). Eurocentric ideologies of objectivity, meritocracy, individualism further marginalize communities of color. CRT and LatCrit invite scholar-activists to 'decolonize research' by using research to address oppression and marginalization while improving social conditions (Solorzano & Yosso, 2001).

Tuhiwai Smith (2012) describes decolonizing research as a reclaiming of knowledge by those who have historically been excluded from the creation of knowledge or whose perspectives have been ignored in the representation of findings. She argues that beyond providing an oral account or acknowledgment of the history and people, decolonizing research creates space to deliver needed and powerful testimony and restore the spirit. Colonizing research dictates the presentation of knowledge, parameters of discipline and colonizes minds and bodies as a form of control to stay within those traditional disciplines (Tuhiwai Smith, 2012). This workshop will allow for participants to learn to implement methodology not typically used in psychology that can be liberatory, empowering, and a tool for critical consciousness-raising.

Native and Latinx communities have historically used poetry and storytelling to pass on oral histories and ancestral wisdom. Testimonio is a form of sharing that has emerged over time in Latin America. Testimonio utilizes narratives of personal, political, and social realities to inform, show solidarity, or to cast light on oppression (Elenes, 2000; Latina Feminist, 2001). Utilizing testimonio quotes from 13 participants of a dissertation study that centered undocumented students experiences we provide an in depth hands on approach for using data as poetry. In the dissertation we presented psychological strengths of undocumented students as poems. In order to create a shared testimonio, we used the data as poetry to capture the essence of what was said – the feelings, contradictions, and paradoxes (Maynard & Cahnmann-Taylor, 2010). Instead of presenting individual student quotes, we present a synthesis of quotes in which the community is represented. The first author used his identity and knowledge as an "undocupoet" and slam performer for the creation and presentation of poetry. Each poem serves as a vessel for interweaving participant voices, telling their stories, honoring their gift, and illustrating their psychological strengths. Participants will recreate part of the methodology used for this dissertation in the creation of their own poems. The three-hour workshop will engage participants in different activities as examples of using poetry as data, and data as poetry for creativity, increasing critical consciousness, and sharing testimonio. The workshop will culminate in a poetry cypher where participants can share their creations.



WORKSHOPS

SATURDAY, OCTOBER 16

9:45 AM – 12:45 PM

WKSP 271

Promoting Health Equity by Co-designing Mobility Justice Efforts | 3 CE

Presenters

Andrea Iglesias, Psy.D., Arely Lozano Cantu, M.A., Wren Ruiz

Authors

Wren Ruiz, Andrea Iglesias, Arely Lozano Cantu

Proximity to green and public spaces, safe and convenient transportation options to access daily needs, and opportunities for social connection have all been found to positively impact mental and physical health and well-being. The way the built environment is designed and developed influences who has access to these various assets in their community. Places that matter to the community should be accessible to all, no matter their race, ethnicity, immigration status, age, income, language spoken, or ability status. This workshop will increase awareness of the importance of looking outside of the therapy room and clinical spaces and into our neighborhoods and community to truly move the needle in health equity through mobility justice. It will also provide psychologists tools and strategies for playing a vital role in these efforts through leadership, community empowerment, and collective impact.

The workshop will highlight a diverse range of comprehensive, culturally responsive, community-driven efforts designed to improve and promote access to schools, parks, businesses, and other assets in three low-income Miami-Dade County communities representing diversity in race/ethnicity and immigration status. In particular, it will especially focus on the mostly Latinx, immigrant Little Havana (LH) neighborhood of the City of Miami as a case example. Through a collective impact approach, projects such as: play trails around schools without accessible public spaces; a bilingual wayfinding campaign that promotes walking and biking; installment of benches at transit stops; an initiative to improve police and community relations; development of a resident advocacy group for parks; and a walking audit resulting in the planting of 70 trees along key routes, have been successfully implemented. With health equity and mobility justice as primary lenses, these projects focused on improving the physical and social environment toward increasing opportunities for social connection, safe, convenient active transportation, and improving access to daily needs for all residents. This was achieved through the use of strong community action plans that defined policy, systems, and social and built environment changes.

Through a unique Community Liaison Framework, a diverse network of stakeholders is being activated throughout these communities building increased awareness and action toward a healthier and more accessible community. Community Liaisons, who are residents hired and trained to mobilize residents around desired change and to become long-term champions for health have been a key component in every project, ensuring that every effort is reflective of the community's voice and culture. Through the Community Liaisons' leadership, these efforts were co-designed and implemented with the community through surveys, charrettes, walking audits, volunteers, non-traditional public involvement strategies, and stakeholder engagement. This community co-design model includes incorporating local artists, youth, older adults, families, local government, and diverse stakeholders such as schools and faith-based organizations. This community capacity building approach builds long-term advocates with the tools and access to make a difference in their communities.



WORKSHOPS

SATURDAY, OCTOBER 16

1:00 PM – 4:00 PM

WKSP 223

**Immigration Enforcement, Human Rights,
and Social Justice | 3 CE**

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National Hispanic and Latino

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Mental Health Technology Transfer Center Network

Co-funded by Department of Health and Social Services, Puerto Rico

Presenters

Bryan Rojas-Araúz, Ph.D.

Authors

Julia Roncoroni, Bryan Rojas-Arauz, Delio Figueroa

As the number of Latinx students entering university increases, we need to equally increase the spaces on university campuses that support their well-being and academic success. Historically, university campuses have not been spaces that have served the Latinx community well, and due to the unique challenges this poses for Latinx college students, there has also been a well-documented higher dropout rate for this population. One strategy to increase support systems and healing spaces on university campuses for Latinx college students is to offer culture-specific bilingual support groups that can help them address the unique issues they face, create healing spaces, cultivate support, and facilitate empowerment. This workshop will highlight the importance of culture and language specific support groups for Latinx students, describe the strategies for creating a successful Latinx support group, and offer opportunities for practice and discussion of strategies for a successful Latinx support group at University Counseling Centers.



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Program Director:
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